

COMPASSION

# explorer®

WHAT'S IT LIKE TO  
HELP LIKE ME?

FIND OUT WHAT IT'S LIKE!

Hi, helpful Explorers! No matter where they live, kids like you come up with creative ways to help other people. They follow what the Bible tells us to do in 1 John 3:18: "Dear children, let us not love with words or speech but with actions and in truth." When we know the truth that Jesus loves us so much that he died for our sins, it inspires us to take actions that show love to others.

In this issue of Compassion Explorer Magazine, you will meet kids around the world who are like superheroes to their neighbors, families and friends. You will also get fun ideas for using your voice and actions to help other people. Let's go!



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GIGGLE

Remember this picture from the Fall 2022 Compassion Explorer Magazine? It shows Azbel and Karlha in Honduras recording their Bible show in front of a green screen. Here are some of your great captions! Find more at [explorer.compassion.com/explorers](http://explorer.compassion.com/explorers).

Are your hands cold from stage fright?  
Kaden, 11  
Queen City, Mo.

Lights, camera, ACTION!  
Katie, 9  
Quakertown, Pa.

I forgot my line, but I'll just pretend like I know what I'm doing!  
Abigail, 12  
Carol Stream, Ill.

Wait ... we're shooting a movie?!  
Lincoln, 11  
Kennesaw, Ga.

Take a seat, and we'll teach you about the amazing stories of God.  
Zoe, 6  
Los Angeles, Calif.

Karlha: "Uhh ... yeah, I probably should be leaving now ..."  
Whitney, 12  
Gilberts, Ill.

I am supposed to smile, right?  
Magdalene, 8  
Denver, Co.

Azbel: "Wow, 300 people have already watched our video!"  
Karlha: "Probably because I put a free Bible certificate at the end!"  
Lillian, 11  
Maple Valley, Wash.

Take two!  
Sage, 10  
Columbia, Mo.

Hola, amigos! Before we get started with today's video, can you guess what story we will be doing? Just take a look at our costumes; is it in the Old or New Testament?  
Aman, 10  
Tucson, Ariz.

Kid: "Nice neon green wall."  
Other kid: "It's a field, remember?"  
Kid: "Right. Uh, what's my line?"  
Adult: "CUT!"  
Genevieve, 11  
Santa Rosa, Calif.

Check out the next Giggle photo on the back cover!



DISCOVER  
myWORLD

WHAT'S IT LIKE TO  
HELP LIKE ME?

Has anyone ever told you that you're too little? Too little to reach that cabinet. Too little to walk to the park alone. Too little to stay up late.

**What if I told you that you're NEVER too little to be a hero?**

I want you to meet a bunch of kids from around the world who put on their superhero capes every day — even if those capes are imaginary — and help their families, their neighbors and their friends. Each one has found creative ways to give to others. And not a single one of them is too little to be a hero (even if they are too little to stay up late).



## SOUP KITCHEN HEROES

Many of the grown-ups in 7-year-old Anthony's community in Peru struggle to find jobs. There just aren't a lot of them to go around, and when they do find work, it usually doesn't even pay enough to buy groceries.

That's why Anthony's mom, Luz, and other parents from Anthony's Compassion center decided to set up a soup kitchen, to make sure every family got at least one good meal a day.

**Now, families bring a donation of food, like potatoes or corn, and Anthony and his mom work together to make a big pot of soup for everyone to share.** Because people like Anthony's sponsor helped his family, Anthony and Luz can also help others!

"We're humble people, and maybe it has been worse in other homes, I don't know. But thanks to Anthony's sponsor and you all, we have something to eat," says Luz. "Thanks for helping us when we need it most. May God keep giving you more!"

Before the soup kitchen started, Anthony felt lonely and sad a lot. But now, he has something to look forward to every day!

HELP your  
COMMUNITY

What are some ways you can help your neighbors like Luz and Anthony did? Ask your parents if there is a soup kitchen where you can help volunteer, or a neighbor you could take a meal to!





## 6-YEAR-OLD TRANSLATOR

Maria Eunice lives in Brazil with her mom and dad. But there's something special about her home. It is very quiet. That's because both of Maria's parents are deaf. She is the only person in her home who can hear or speak.

And at just 6 years old, Maria is her mom and dad's ears and mouth. She began learning sign language when she was just 1 year old, and now she is a huge help to her parents.

**"Because I'm the only person who can understand them, my parents need me wherever they go because I'm the only one who can translate what they say to other people," says Maria.** "So, when they go to the bank, I go with them. When they go to the market, I go with them. When my aunt calls my mom, I also translate for her. It's tiring, but I like helping them."

It's a big job for a little girl. But Maria loves that she is able to help her mom and dad in such a big way!



HELP *your*  
FAMILY

What are some ways you can help your parents or grandparents? You may not sign for them like Maria does, but are there ways you can be helpful around the house? Maybe helping with chores or helping carry in the groceries?

Maria Eunice and her parents are signing "Thank you!"



## FIVE HANDFULS OF RICE

One of Keysha's favorite Bible stories is when Jesus fed 5,000 people with only five loaves of bread and two fish. It reminds her that Jesus can take our small actions and gifts and make BIG changes!

Keysha knew that 5,000 people was a lot — she didn't even know that many people! But in her community in Indonesia, Keysha had seen lots of elderly people who didn't have enough to eat. So at her Compassion center, Keysha invited her tutor and friends to each bring in five handfuls of rice and as much spare change as they could give.

**In just one month, Keysha and her friends collected more than 150 pounds of rice and \$40!** Immediately, Keysha knew the first person she would help.

"I felt so sad when I saw a grandmother we visited who lives alone. She is blind, very old and needs help from others," says Keysha. "But now, I feel joy. I know that she will not be starving because she has rice."

Keysha even inspired the grown-ups around her, who started a monthly collection to help those in need. Her small action changed a lot of people's lives!



HELP *like*  
JESUS

Is there a Bible story that inspires you to help others? Maybe the Good Samaritan or the story of Barnabas? Brainstorm ideas with your family, and remember — God uses even our smallest gifts to make big changes!





# RACE FOR THE GIFTS

**GOAL**  
In this game, players work together to send at least four different types of gifts to a family living in poverty. But you have only 12 turns to do it, so choose wisely.

- MATERIALS**
- 4 **player tokens** (use coins, game pieces or very small toys)
  - a **handful of dried beans** (or small items like little Lego pieces, beads or unpopped popcorn kernels)

**PLAYERS: 1-4**  
If playing with fewer than four people, take turns to play all four players.

## GIFT TYPES



Helps a child get clean water or food



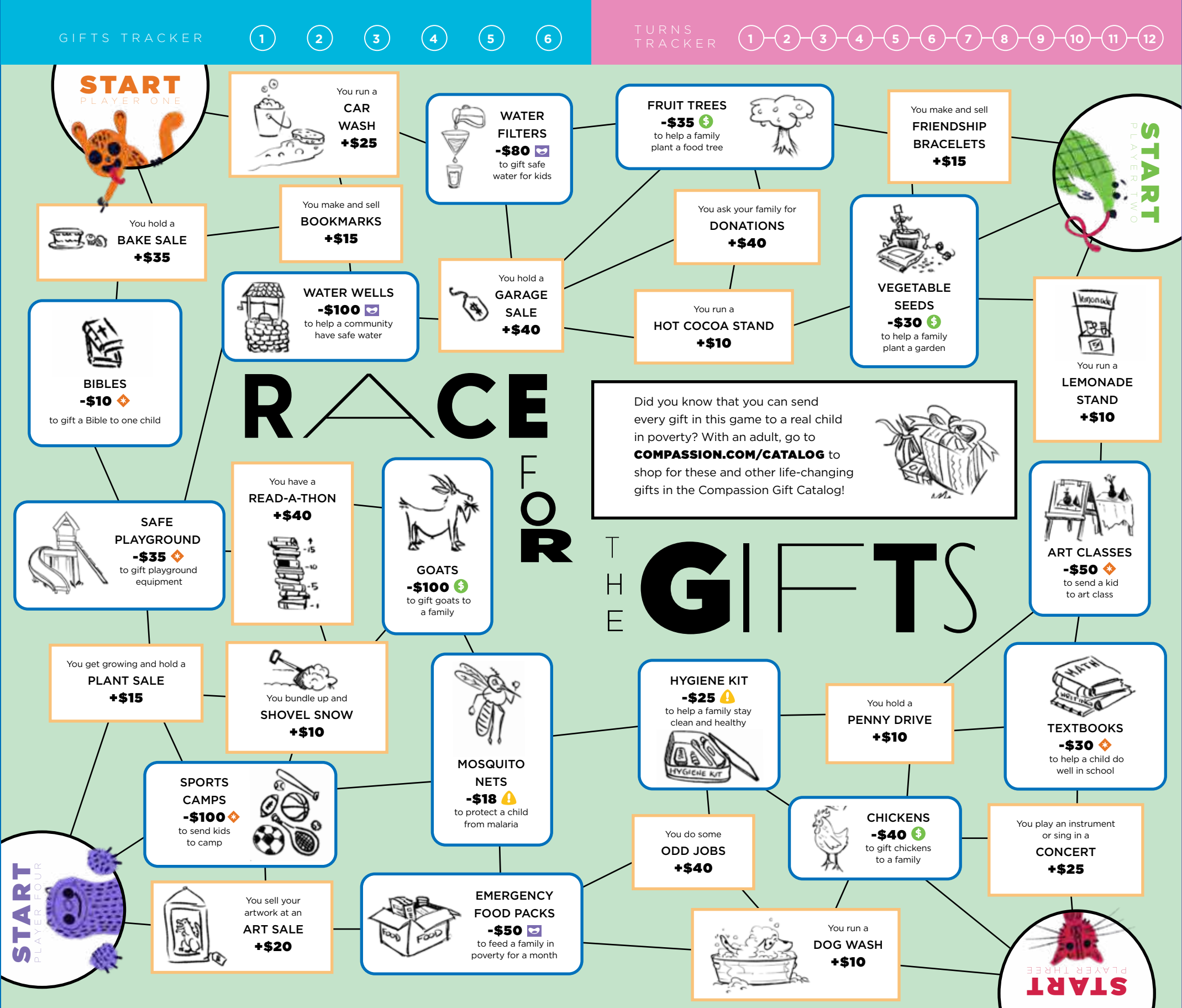
Helps a family earn money



Helps a kid learn or play



Helps keep a kid safe



**SETUP**  
Place the **player tokens** on the starting spaces and choose who will play as each.

Place a bean on the \$0 space of the **Funds Tracker**.

**1.** Starting with Player 1, take turns moving your **player tokens** around the board. On every turn, the player must move one space in any direction.

**2.** There are two types of spaces you can land on:

**FUNDRAISING SPACES.** These are where you earn your money. When you land on one, add the money to your total by moving the bean on the Funds Tracker. Then place a bean on the space.

**GIFT SPACES.** When you land on a gift space, choose whether to buy the gift (if you have enough funds). If you do, subtract the amount from your **Funds Tracker** and then place a bean on the **Gifts Tracker**. Place a bean on the gift space. If you don't buy the gift, your turn ends and no bean is placed on the space.

**Beans:** No player can land on or move through a space with a bean on it. Choose your moves carefully and don't get trapped!

**3.** After the first player finishes their turn, put a bean on the first circle in the "turns" counter. Move it by one spot every time a player finishes a turn. Once the counter bean reaches the final circle or you collect four gift types, the game is over.

**DID YOU COLLECT AT LEAST FOUR GIFT TYPES IN TIME? IF YOU DID, YOU WIN! IF NOT, TRY IT AGAIN!**

\$0	\$5	\$10	\$15	\$20	\$25	\$30	\$35	\$40	\$45	\$50	\$55	\$60	\$65	\$70	\$75	\$80	\$85	\$90	\$95	\$100	\$105	\$110	\$115	\$120
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# Quiz

## How Would YOU Help?

Have you ever been in a situation where you weren't sure how to help someone? Sometimes it can be tricky to know exactly how to act like Jesus would want us to — with kindness and compassion.

In this activity, the Compassion Explorer animal mascots find themselves in tricky situations. Circle what you think they should do to be the most helpful. **But here's a twist:** Before you choose your answer, act out each possible situation with a family member or friend! For example, you play the role of Sloth and your dad plays Llama. **There are no right or wrong answers.** The point is to think and talk about how you could respond when someone needs help. Have fun acting out your roles and talking about your choices!

**THEREFORE, AS GOD'S CHOSEN PEOPLE, HOLY AND DEARLY LOVED, CLOTHE YOURSELVES WITH COMPASSION, KINDNESS, HUMILITY, GENTLENESS AND PATIENCE. COLOSSIANS 3:12**

1

Sloth sees Llama's heavy pack fall on the ground, spilling its contents everywhere. Llama looks upset, but Sloth is running late (go figure) for branch-hanging class. What would you do if you were Sloth?

- A** Tell Llama you really wish you could stop to help, but you don't want to be late.
- B** Stop to help Llama pick up the dropped items.
- C** Laugh at Llama for being so clumsy.
- D** Say a prayer for Llama but don't stop to help.
- E** Your idea: \_\_\_\_\_

2

Hyrax sees Ocelot sitting alone and crying while the other animals play tag together. What would you do if you were Hyrax?

- A** Invite Ocelot to go swing with you.
- B** Ask Ocelot what's wrong. Offer some kind words.
- C** Run away — ocelots have been known to eat small mammals like you!
- D** Leave Ocelot alone — not everyone who is crying wants to talk.
- E** Your idea: \_\_\_\_\_

3

Turtle sees people calling Lizard names like "dragon breath" on social media. If you were Turtle, what would you do?

- A** Start avoiding Lizard. You don't want the cyberbullies to make fun of you too!
- B** Send a private message to ask how the comments are making Lizard feel.
- C** Add a laughing emoji to the comments. Lizard DOES look like a tiny dragon!
- D** Add a comment saying that cyberbullying isn't OK and pointing out something nice about Lizard.
- E** Your idea: \_\_\_\_\_

4

Pangolin and Hyrax are walking downtown with their parents when they see a man on a bench asking people to put money in his hat. The man has a sign saying he is homeless. If you were Pangolin or Hyrax, what would you do?

- A** Look away and cross the street with your parents so the man doesn't see you.
- B** Toss some coins in his hat but don't speak to him because he's a stranger.
- C** Pass by without doing or saying anything. But that night, go online with your parents and donate to a charity that helps people without homes.
- D** Smile and say hello as you walk past. Pray that God helps him find a home.
- E** Your idea: \_\_\_\_\_

## MAKE A MIGHTY MEGAPHONE!

Craft

Do you like to talk to your friends, sing or use your outside voice when you play games outdoors? Well, your voice is a powerful gift from God! You can use your voice to tell people what you believe and to speak up for others. You can use your voice to change the world! Pretty cool, right? There are so many ways to make your message heard. You can inspire your friends with Bible verses and teach people about poverty. Plus, you can use this megaphone to make your voice even louder and mightier!

### Instructions:

1. Adult help needed. On a large square of cardstock paper or posterboard, use your pencil to lightly draw a fan shape.
2. Cut out the fan shape.
3. Decorate your megaphone with your drawing supplies. You can draw pictures, write Scriptures and tell interesting facts. Let your megaphone show your unique voice!
4. Roll the paper into a cone shape and hold together the overlapping sides using tape, hot glue or a stapler.
5. Take a small, rectangular strip of cardstock or poster board and fold the edges in. Then, tape, glue or staple the edges of the small paper onto your megaphone to make a handle.
6. Now that you have your megaphone, it's time to speak up for what you believe in!
7. Take action: Share a fact about poverty with one new person and explain how God wants us to care for those in need.

### Supplies:

- 2 pieces of cardstock or poster board
- pencil
- scissors
- drawing supplies such as markers, colored pencils or oil pastels
- tape, hot glue or stapler

Here are some ideas for facts and Scriptures to decorate your megaphone! Get creative and think of your own!

Use your voice!

DEFEND KIDS' RIGHTS!

LOVE WITH ACTIONS AND IN TRUTH!

END CHILDHOOD POVERTY!

- Children are more likely to live in poverty than adults.
- "Open your mouth, judge righteously, defend the rights of the poor and needy." — Proverbs 31:9
- Education helps end poverty!



# Cook GOODIES FOR GOOD

Do you like to bake or cook with your family? Making food for others to eat is one way to show them love!

**One kid who likes cooking for others is 13-year-old Naw-Yee-Te.** She and her younger siblings live in Thailand at a home for children who don't have parents to care for them. Sadly, their parents died in a fire when Naw-Yee-Te was 8.



At the children's home, a woman named Em Mui cares for them and 24 other kids who are in Compassion's program. That's a lot of kids to feed! **But Naw-Yee-Te enjoys helping their "house mom" make sure all the kids have full bellies.**

"My favorite part of preparing the meals is helping everyone with the cooking and mixing," says Naw-Yee-Te. **"My favorite thing to make for everyone is omelets."**



With the help of Compassion, the children's church buys groceries for the orphans so they can grow up strong and healthy at the children's home!

**"WHEN I FACE TROUBLES AND WHEN I'M SAD, GOD IS WITH ME, COMFORTING ME. WE DON'T LACK IN WHAT WE HAVE HERE, EVEN FOOD. IT IS GOOD HERE."**  
— **NAW-YEE-TE, 13**



Naw-Yee-Te shows love to other kids by making food for them. Like her, lots of children in North America bake to help others! Over the years, a few talented Compassion Explorers have shared their special recipes with us. You can find all these recipes online so you can make them too!



## Isabella's Vanilla Cupcakes

Isabella is a compassionate kid in New York who sold her cupcakes at dance recitals, church and a local farm. She used the money to sponsor two children through Compassion.



## Saara's Cooking Camp's Creamy Lemon Pie

Saara's Cooking Camp was a three-day summer camp started by seven teenage girls in Pennsylvania. Kids ages 6 to 12 attended the camp to learn about cooking and poverty. Campers sold their goodies and donated the money to Compassion!



## CW's Chocolate-Dipped Pretzels

You might remember CW from a recent issue of Compassion Explorer Magazine. He sold these yummy treats to raise money to buy items from the Compassion Gift Catalog, like Bibles, a water filter and other important supplies for kids in poverty!



**GET THE RECIPES AND DOWNLOADABLE GIFT TAGS AT**  
**EXPLORER.COMPASSION.COM/GOODIES**

**IDEAS**  
*for using your GOODIES for GOOD*

- Organize a bake sale at your church, school or home. Donate the money to a charity you care about.
- Share your goodies at a Thanksgiving or Christmas gathering.
- Give away the goodies to neighbors, teachers, friends and family.





## Growing Clean Water

The plants we need for food need water to grow. So where there is a shortage of water, there will be a shortage of food, cleanliness and other important things.

For many children in developing countries, their families can't afford homes with running water. **So they collect water from ponds, lakes or rivers that is filled with germs and makes them sick if they drink it.** Also, many kids live far away from a water source and spend lots of time and energy walking to get there.

When 11-year-old Isaac learned about this during a Compassion activity at his church called Step Into My Shoes, he was determined to do something about the water problem.

**"Here, all we need is to turn on the tap and drink, but for many children across the world, they have to boil their water and that must be a pain," he shares.**

Isaac had the brilliant idea to grow and sell plants to raise money. **Here are some of the plants he grew to sell:**

- basil
- roma tomatoes
- cherry tomatoes
- sunflowers

With the help of his mom, Stacey, Isaac was selling his plants daily. He was so excited that he video-journaled his journey to inspire other children to make a difference too.



**Isaac successfully raised over \$1,000 for Compassion to buy 13 water filters for families in need!** He wants other children to know, "You can make a difference no matter what your age is."

**Isaac is grateful that he got an opportunity to make a change too.**

**HELP KIDS  
in POVERTY**

Help kids in poverty: Find sponsors for kids by hosting a Compassion Sunday event at your church. With an adult, go to [explorer.compassion.com/compassionsunday](http://explorer.compassion.com/compassionsunday).

**"You can make a difference  
no matter what your age is."  
– Isaac**



Have you ever broken a bone? Using crutches or a wheelchair can be quite uncomfortable (and probably even hurt a little)! And what happens when you need help doing the little things that used to be easy without your cast or crutches? Right?! You need people around you to help you.

In 2 Samuel, we learn about a man named Mephibosheth [meh-FEE-boe-sheth]. (Say that five times fast!) Mephibosheth was the son of Jonathan and the grandson of King Saul. When he was only 5 years old, he was dropped, and something terrible happened: He was no longer able to walk. He needed people to help him!

God provided the help that Mephibosheth needed. Once King David found out what happened to Mephibosheth, he wasted no time in bringing Mephibosheth into his care. Mephibosheth lived in King David's own house so that he could eat with him for the rest of his life. King David helped Mephibosheth!

Did you know that God wants you to help people too? Even though you're still young, God gives YOU opportunities to help those around you. You can bake food for the kids down the street whose dad just died. Or maybe there's a classmate who sits by himself at lunch every day. You can ask him to join you and your friends and then ask him to play with you at recess. You could even use your allowance to help sponsor a child through Compassion!

God is always with us to help us, and he wants us to look around and find other people to help too. So let's be like King David and look for ways to love those around us just like he did.

## Read

**Read Mephibosheth's story in 2 Samuel 9.**

As you read what King David did for Mephibosheth, ask God to help you see the people in your life that you can help.

## Act

Talk to a parent or trusted adult about how to help the people around you. What kinds of things can you do? Donate to a local food bank? Help someone in your neighborhood?

## Pray

"God, give me your eyes to see the people I need to help just like King David did. And help me to have the courage to reach out and help someone and love just like Jesus does!"

*Guest devotional by Laura Broussard, child sponsor and children's pastor at East Lake Community Church in South Carolina.*





## GIGGLE

**Submit your caption at:**

[explorer.compassion.com/giggles](http://explorer.compassion.com/giggles)

Empty boxes. They can make awesome forts, space ships — or hats! This kid in Ethiopia is playing with an empty box that used to have a big bottle of cooking oil in it.

What do YOU say is happening in this photo? Go online and write a fun caption!

**MORE FUN ON THE WEBSITE! [EXPLORER.COMPASSION.COM](http://EXPLORER.COMPASSION.COM)**

COMPASSION  
**explorer**

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### About the Cover

Mireille, wearing the yellow shirt, helps a friend reach a high bar on the playground at their Compassion center. The friends are in Compassion's program in Burkina Faso. Next time you are at a playground, think of ways you might help someone.

