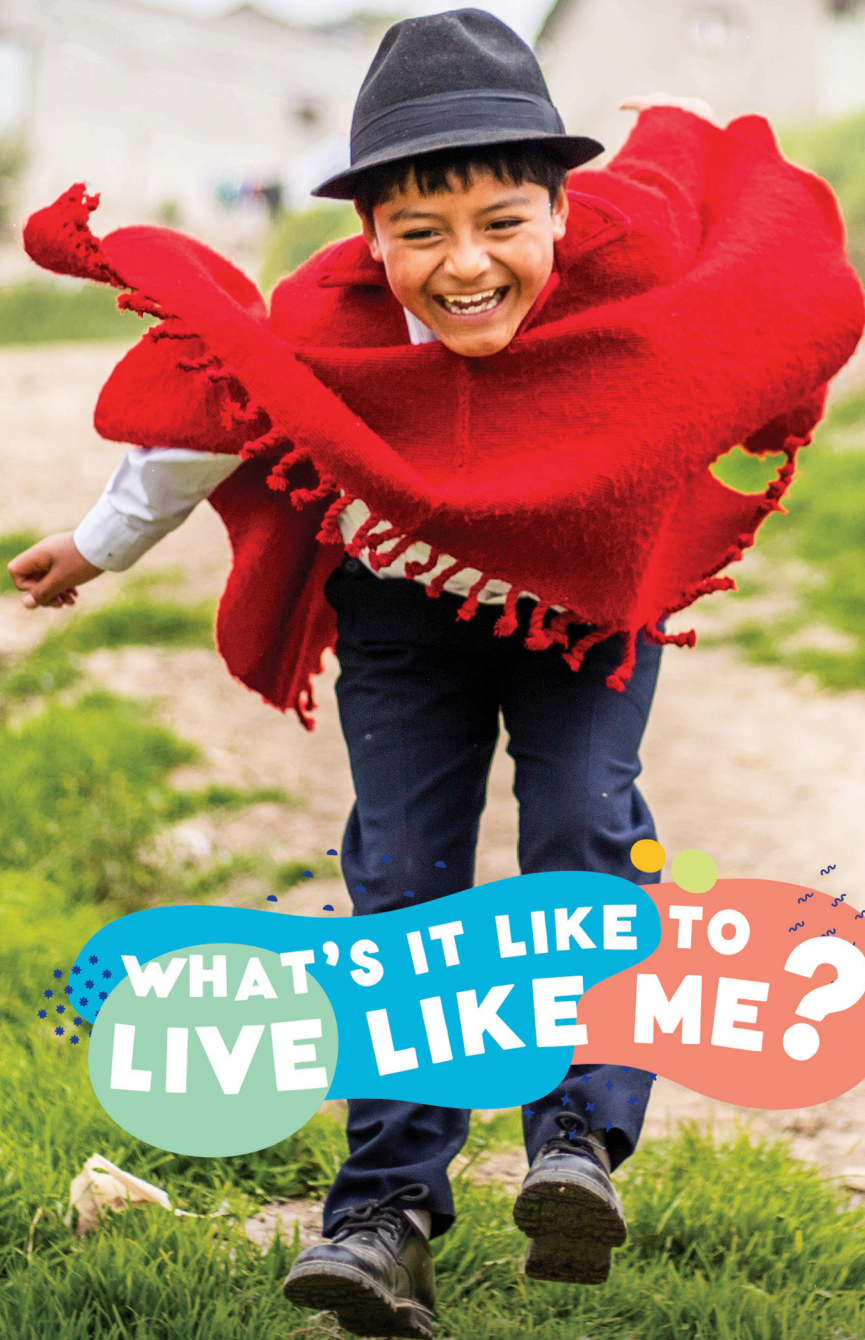


COMPASSION explorer®



WHAT'S IT LIKE TO
LIVE LIKE ME?

FIND OUT WHAT IT'S LIKE!

Welcome, Explorer! In this issue of your magazine, you will see what it's like to live in other countries. Where does a boy in Brazil **sleep**? What does a girl in Tanzania **wear**? What does a kid in Colombia **eat**?

You will discover all of that inside. PLUS: You will learn to **cook a recipe from Colombia**. And we've got **paper dolls** for you to dress up in clothes that a child in Ghana or Guatemala might wear!

But enough spoilers. Discover all the fun for yourself!



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GIGGLE

Remember this picture from the Winter 2021 Compassion Explorer Magazine? It shows friends Phayu and Thitikom riding a calf in Thailand. Here are some of your great captions! Find more at explorer.compassion.com/explorers.

Where's the steering wheel?
Connor, 7
Vermillion, S.D.

Mooove on over, buddy!
Emma Grace, 13
Columbia, S.C.

All aboard the "Bovine" Express! *Parental guidance NOT necessary.
Grady, 10
New Freedom, Penn.

The old-fashioned roller coaster!
Carly, 11
Katy, Texas

This is not a PIGgyback ride!
Tabitha, 7
Crystal Lake, Ill.

Mom, look! We're riding a bucking calf!
Claire, 11
Atlanta

Ride 'em, cowboys!
Manuel, 5
Deming, N.M.

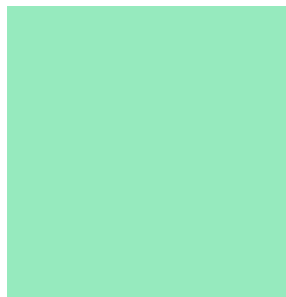
Two boys + 1 calf = Calfboy.
Bridget, 5
Dover, Del.

— "Giddyap, horsie!"
— "Moo."
— "Wait. You're not a horse."
Timothy, 9
Kirkland, Wash.

Calf: "Moo, I'm hungry!"
Phayu: "OK! Let's go to the calf-e."
Thitikom: "Sounds good!"
Grace, 10
Seabeck, Wash.



Check out the next Giggle photo on the back cover!

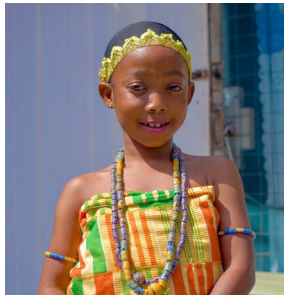
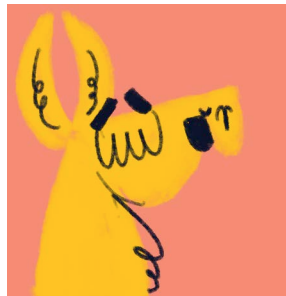


DISCOVER
myWORLD



WHAT'S IT LIKE TO LIVE LIKE ME?

It's easy to think that everyone lives like you, isn't it? But did you know that lots of kids around the world live in houses that look VERY different from yours? Their water comes from rivers, not sinks. Their clothes don't look like yours — some kids have never even heard of jeans! And tons of kids around the world have never eaten pizza in their whole lives! Let's travel around the world and celebrate all the different ways we live, eat, sleep and dress!



5

LIVE LIKE ME!

Hello! My name is Raymond, and my mama and I are happy to have you at our home. We live in Uganda in a house made of concrete bricks. You can see that it has a few cracks in it, but I am proud that we have a house that is strong and keeps us safe.

Isn't the curtain on our door beautiful? We don't need a heavy wooden door here because it is nice and warm all year long.

I want to be a doctor when I grow up so I can buy my mother a piece of land and build her a new house. I also want to buy her a cow so that we can get all the milk we want. I want to do nice things for her because she loves and cares for me.





DRINK LIKE ME!

I am Dipika, and you got here in time to watch us use our new well at our home in Bangladesh! Before we got this well, we had to wake up so early and get in line to get water from a public pump in our neighborhood.

Now I get to sleep in because the well is just a few steps away! We have fresh, clean water anytime we need it, and my family is so thankful for that!



EAT LIKE ME!

¡Hola! I am Maira, and I live with my family in Colombia! My favorite things to eat are the fruits and vegetables we grow in the garden behind our home! We grow so many things, like tomatoes, bananas and cucumbers. Some we sell in the market, and some my mom cooks for us. My favorite vegetables are green beans. I thank God for having food at home.

Before we had our garden, sometimes we didn't have much food at home. But then Compassion helped us by giving us some seeds, and they taught us how to take care of our garden. Now we have fresh fruits and vegetables all the time!

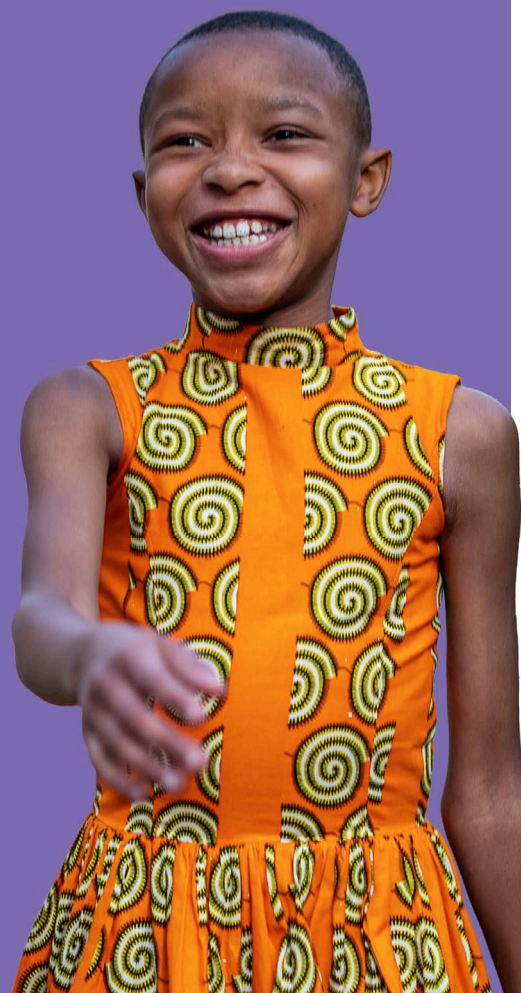
See Page 10 for a recipe for *ajiaco*, a Colombian chicken stew that uses lots of fresh vegetables!



DRESS LIKE ME!

Hello! My name is Catherine, and this is my very favorite dress! My mother made it out of a material called *kitenge*. Lots of tribes in Tanzania wear clothes that look like this — but only on very special occasions!

My mom makes dresses and shirts like this for a lot of people in our neighborhood! She uses the money she earns to make sure I have food to eat and money for school supplies. So not only is this dress beautiful, but it also helps take care of my family!



SLEEP LIKE ME!

Welcome to our new bedroom! Our names are Gabriel and Daniel, and we live with our family in Brazil. Does it rain a lot where you live? It does here, and every time it would rain, our bed would get so wet! Yuck! Nobody likes to sleep in a wet bed. But the last time it flooded, Compassion helped us fix up some leaky places in our house and even got us this new mattress!

We love our new bed and our new sheets and blankets. And we LOVE sleeping in a bed that is nice and clean and NOT wet!



Cook Ajiaco

Colombian Chicken and Vegetable Stew

This recipe is the perfect way to eat lots of vegetables in a warm, delicious stew!



Ingredients

- 2 large bone-in, skin-on chicken breasts
- 1 large yellow onion, chopped
- 5 cloves garlic, chopped
- 1 tbsp. kosher salt
- 1 tbsp. freshly ground black pepper
- 2 tbsp. olive oil
- 4 c. chicken stock
- 1½ pounds potatoes, peeled and cut into bite-size chunks
- 2 to 3 medium ears corn, quartered, or 1½ cups frozen corn kernels
- 1 can fava beans or 1 c. frozen lima beans
- 1 c. frozen peas
- 1 bunch fresh cilantro, tied with kitchen twine
- 1 bunch green onions, tied with kitchen twine

For Topping:

- 2 large avocados, thinly sliced
- 1/2 c. Mexican crema, sour cream or creme fraiche
- 1/2 c. coarsely chopped cilantro leaves
- 2 tbsp. capers, drained and chopped

Directions

The Night Before:

Place the chicken in a glass or ceramic dish. Top with the onion, garlic, salt and pepper. Place in refrigerator for 8 to 24 hours.

The Day Of:

1. *Adult help needed.* Heat the olive oil in a heavy 4-quart lidded pot over medium-high heat. Add the chicken and brown each side, about 6 minutes. Pour in the chicken stock and raise the heat to high.
2. When the mixture boils, lower the heat to medium-low. Cover and let the chicken simmer until tender, about 30 minutes. Carefully transfer the chicken to a platter, reserving the cooking liquid in the pot. When cool enough to handle, remove the skin from the chicken and discard. Cut or tear the chicken breasts into bite-size strips and discard the bones.
3. Place the potatoes in the pot with the cooking liquid and turn the heat to medium. Cover and cook for about 5 minutes. Add the corn, beans, peas, cilantro and green onions. Simmer, covered, for 20 minutes, or until potatoes are tender. Remove the cilantro and green onions and return the chicken to the pot. Simmer a few minutes more until the chicken is warmed through.
4. Ladle the soup into bowls and place the toppings on the table to be passed around.



Craft

POCKET PALS: THIS IS HOW I DRESS!

Have fun cutting out this girl from Guatemala and boy from Ghana and dressing them in their favorite outfits!

What people wear can say a lot about them! Some kids dress in uniforms to play sports or special outfits if they like to dance. Even on school days, many kids pick clothes in their favorite colors and patterns. **What do you like to wear?**

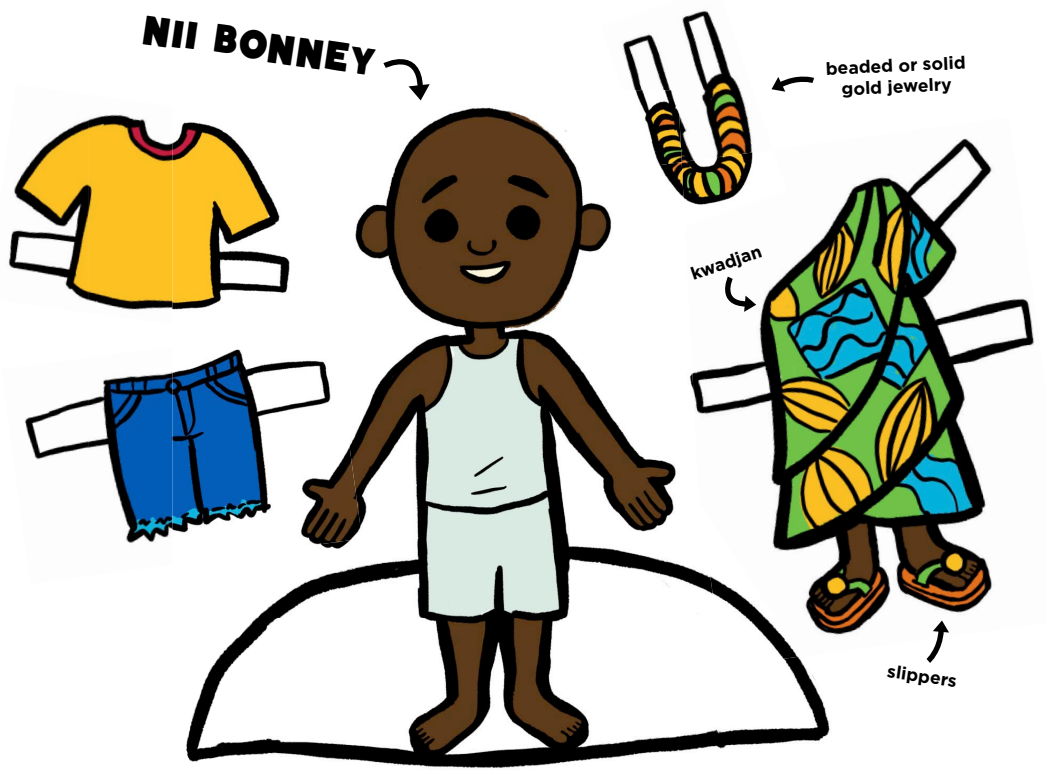
Kids in other countries wear clothing that reflects their personalities too! **Many children around the world may wear clothes just like you** — T-shirts and jeans with sneakers or sandals. But some children living in poverty have only a couple of clothing items and may not have as many choices to reflect what they like. **Clothes are not just for fashion but are also a necessity that some families can't afford.**

In some countries, clothing is an important part of the culture. In Guatemala, the clothing colors are based on the colorful land. Most dresses have bright colors and patterns of beautiful flowers and animals found in the country. **The traditional dress represents the history of the Mayans.** So some colors represent Mayan religions or the Mayan calendar. Traditional colors for girls are red, pink and purple. Most fabrics are decorated with bright, handmade accessories.

In Ghana, fabrics are skillfully woven into different patterns based on people's tribes and the areas in which they live. **The Ga people make up one of the largest groups of people in Ghana.** Their culture's traditional clothes are colorful and unique!



Mariana wears traditional clothing of Guatemala: a *huipil* (a type of blouse), a *corte* (a skirt) and a *faja* (a belt). Every region in Guatemala has its own color, pattern and design.



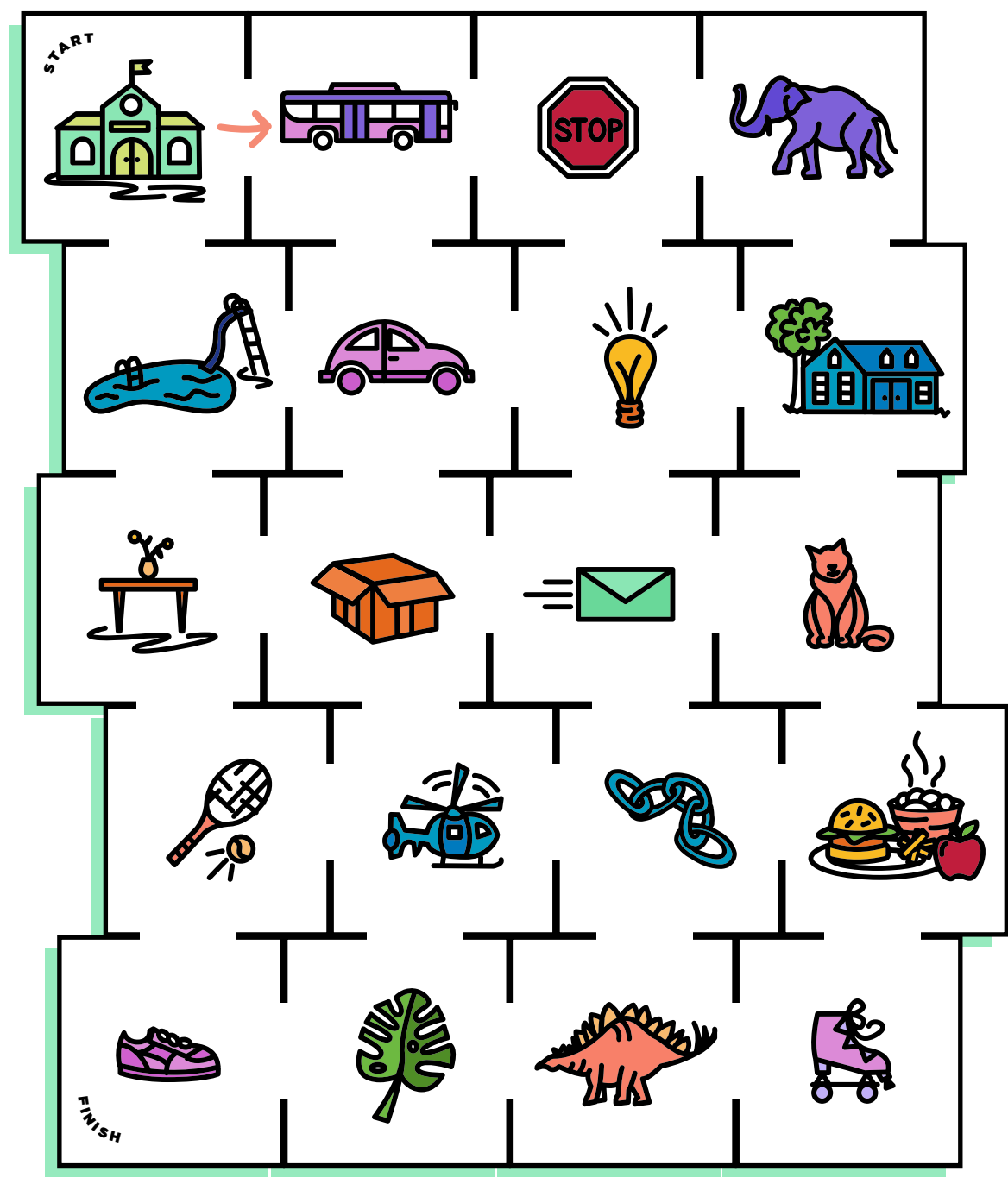
Nii Bonney in Ghana shows off the traditional clothing of his tribe, the Ga, by dressing in *kwadjan*. It is a style of wrapping fabric around the body. The kwadjan is usually paired with traditional slippers, beaded or solid gold jewelry and shorts.

YOU CAN
COLOR THIS
PAGE BEFORE OR
AFTER CUTTING OUT
YOUR PAPER DOLLS
ON THE OPPOSITE
SIDE!



SOAVE WINDING WORDS

Draw a line side to side or up and down to form common phrases or compound words. For example, go from the school to the bus to form "school bus." Then the next picture will be something that makes sense after "bus." There is just one correct path to get to the finish.



After you find the correct path, go back and circle the pictures of things every kid needs. Some kids live in poverty, which means their families can't afford everything they need. That's why sponsors and churches step in to help!



The Amazing Pretzel Plan

What do pretzels have to do with poverty? If you ask CW, he will tell you that pretzels made the difference for a lot of families in need last year!

CW has a busy schedule for a fifth grader. **Between football practice and science homework, he has a lot on his mind. But this doesn't stop him from thinking about other kids in need around the world.** In fact, CW has been working hard to help children in poverty since he was 4 years old.

At first, CW would ask his neighbors if he could do odd jobs to raise money to purchase items from the Compassion Gift Catalog. Usually he would earn around \$20 — enough for a mosquito net to help protect a child from malaria. But last year, CW announced, "I'm 10 now! I want to do something big!"

"It makes me feel really good when I give to other people." — CW

CW hatched a plan to make the most delicious, chocolate-dipped pretzels and sell them for a dollar to everyone he knew. After school and on the weekends, you could find CW in the kitchen stirring, dipping and decorating his creations. In just 24 hours, CW exceeded his goal of \$125! **And people just kept buying these irresistible snacks — 1,266 to be exact.**

That's a lot of pretzels!

CW was able to use the \$1,266 dollars he raised to purchase **two cows, a water filter and other animals and Bibles** for children in need. With the animals, families would have good milk to drink and sell. The water filter would provide a lifetime of safe drinking water for a child in need. And the gift of a Bible would allow a child to have a copy of God's Word in their own language. These are life-changing gifts!

CW said he used to take a lot of things for granted, but now he likes helping others! "It makes me feel really good when I give to other people," he explains. **CW is still coming up with a plan for how he will raise money for children**



in poverty this year. He's considering making a **hot chocolate stand, baking cookies or even making some art. He wants to tell other kids, "You don't have to raise \$1,000 to make a difference. You can start small."** And if you are feeling unsure about having what it takes to help a child in need, CW says, "Just do it!"

Learn how to make CW's irresistible pretzels at explorer.compassion.com/amazing-pretzel-plan.



There are different kinds of gifts; but they are all from the same Spirit. There are different ways to serve; but all these ways are from the same Lord. And there are different ways that God works in people; but all these ways are from the same God. God works in us all in everything we do. Something from the Spirit can be seen in each person, to help everyone. (1 Corinthians 12:4-7, ICB)

Do you think everyone in the world has the same favorite color? What about the same favorite food? That would be a pretty boring world, wouldn't it!?

God created each of us to be unique and special — and not like everyone else! We might live in different kinds of houses ... or in places where it rains all the time ... or in places where we need heavy snow coats all year long! But there IS one thing God has given to ALL of us, no matter what! Do you know what it is? **The Holy Spirit gives each of us special GIFTS we can use to glorify God and tell other people how much Jesus loves them!**

Child of God, you are one of a kind, and we all have different gifts we can use to serve the Lord! Do you love writing cards and giving them to your friends and family? Maybe the Holy Spirit is growing in you the gift of encouragement! Do you love to learn something new, like how to ride a bike, and then teach your little brother how to do it? Maybe God has given you the gift of teaching! God gives special gifts to every member of his family, and we are called to use them to show people the love of God. **Our gifts are all different, and that is why we need to work together!** God made us a family so that we could show the world his love and his forgiveness!

Guest devotional by Katy Sundeen, Elementary Pastor at Plum Creek Church in Colorado

Read 1 Corinthians 12:4-7

Thank God he has given us the gift of the Holy Spirit! (Bonus points challenge: Read these verses in a few different translations of the Bible and see if God shows you NEW things!)

Act

Have each person in your family choose their favorite meal, and plan a night this week to eat it for dinner! If Mom chooses spaghetti, then on Tuesday night while you are eating yummy noodles, take time to talk about the God-given gifts you see in your mom and how you see her using her gifts to serve and glorify the Lord! Make sure every family member gets their own special night! When you pray before your meal, be sure to take a moment to PRAY for the families all over the world living in poverty, that God would provide the food they need.

Pray

Parents, speak this blessing over your children as you go throughout the week:

May you know that the Lord has made you one of a kind, in his image! And that he has given you unique gifts that are to be used to build his kingdom here on earth. May you know that you are loved, dear child! Amen.

Answer for Pg. 13: school bus, bus stop, stop light, light house, house cat, cat, food, food chain, chain mail, mail box, box car, car pool, pool table, table tennis, tennis shoe



GIGGLE

Submit your caption at:

explorer.compassion.com/giggles

Samuel, in the red mask, and his friend Isac go to a Compassion center in Bolivia. Recently they dressed up and dreamed about what it would be like to be superheroes. "I want to have all the superpowers in one, but mainly I want to fly so I can get everywhere fast and save people who are in trouble," says Samuel.

MORE FUN ON THE WEBSITE! EXPLORER.COMPASSION.COM

COMPASSION
explorer

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About the Cover

Eight-year-old Jostin lives in the Andes Mountains of Ecuador. His parents can't always afford enough food so their children can grow strong and healthy. Thankfully, Jostin is one of hundreds of children who receive groceries from their Compassion center!

