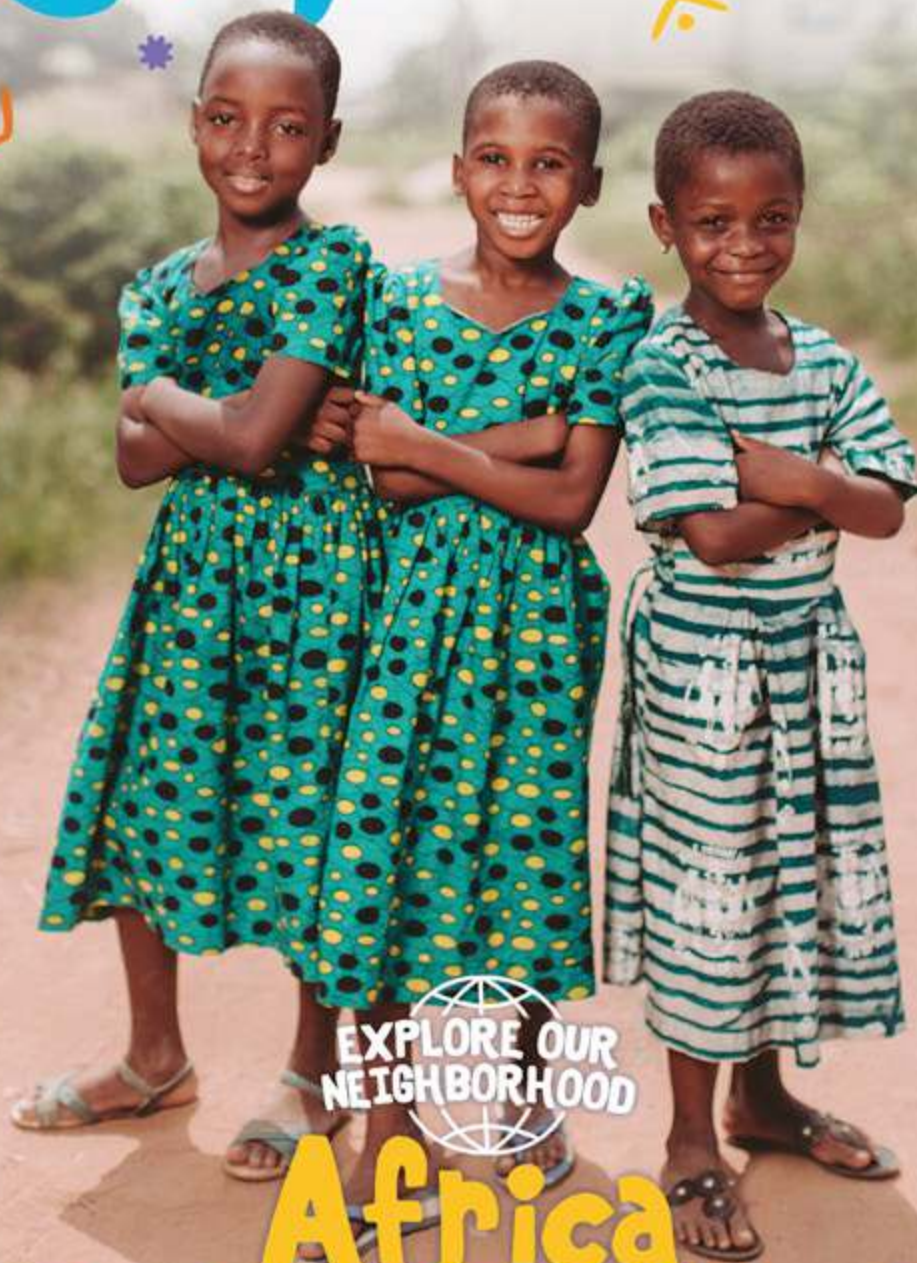


COMPASSION

# explorer



EXPLORE OUR  
NEIGHBORHOOD

# Africa



# "Jambo," Explorers!

"Jambo" means "hello" in Swahili — one of many languages spoken on the continent of Africa. Let's travel to Africa and explore some of its beautiful neighborhoods. You'll meet some kids who live there and see how their lives are similar to and different from yours. Let's go!



**GIGGLE**

pg3

Read the photo captions that Explorers like you came up with!

**DISCOVER Africa**

pg4

What's the most popular sport in Africa? Find out here!

**DISCOVER myWORLD**

pg6

Check out these photos from African neighborhoods to see where kids play, learn and sleep!

**Special Insert!**

**Activity Map**

pg8

Color this giant map of Africa and hang it up!

**Play**

pg11

See your neighborhood in a whole new way with this field guide!

**Cook**

pg12

Get a taste of Togo when you try this delicious grilled chicken.

**Craft**

pg13

Make a kaleidoscope that's colorful — just like God's big world.

**care**

pg14

Find out how Owen makes his sponsored friend part of his family!

**GROW**

pg15

What did Jesus say about being merciful and pure?

## Questions or Comments?

Email us at:  
compassionkids@compassion.com

Write to:  
Compassion International,  
Attn: Compassion Explorer Magazine Editor  
12290 Voyager Parkway, Colorado Springs, CO 80921

Supporter Experience Specialist  
**Rich Martinson**  
Managing Editor  
**Willow Welter**  
Print Production Manager  
**Michelle Dana**

Writers  
**Jordan Cone**  
**Kyle Davidson**  
**Katy Isaacson**  
**Willow Welter**  
Proofreader  
**Jennifer Shepherd**

Designer  
**Ben Lew**  
Illustrators  
**Alicja Colon**  
**Ben Lew**  
Photographers  
**Ben Adams**  
**Sally Dunn**

Tigist Gizachew  
Silas Irungu  
Eric D. Lema  
Helen Manson  
Kevin Ouma  
Gabriella Akpene Samaty  
Jehojakim Sangare  
Doreen Umutesi

# GIGGLE

Remember this picture of kids in Ghana from the Summer 2021 Compassion Explorer Magazine? Here are some of your great captions! Find more at [explorer.compassion.com/explorers](https://explorer.compassion.com/explorers).

One, two, three, four  
— wait a minute, this  
isn't a thumb war.  
**Elwood, 8**  
*Carmichael, Calif.*

I'm Ghana win this match!  
**Noelle, 6**  
*Birmingham, Ala.*

"Why are they all  
on his side?"  
— Boy on the right  
**Alethea, 9**  
*Orrville, Ohio*

You're Mr.  
Armstrong!  
**Zadok, 7**  
*Brookings, S.D.*

Hey, buddy, do you  
need a "hand"?  
**Madelin, 13**  
*Glen Burnie, Md.*

Three, two — hey,  
you started pushing  
too early!  
**Nathanael, 12**  
*Carol Stream, Ill.*

Winner gets to be king  
of the playground. So,  
without further ado, it's  
arm wrestle TIME!  
**Annabella, 10**  
*Orlando, Fla.*

Elbows off the  
table!  
**Zoey, 9**  
*Lathrop Village, Mich.*

I've met my  
match!  
**Chloe, 11**  
*Columbia, Mo.*

This person's strong,  
but I'm stronger, so I  
got this, I got this. Ow,  
I don't got this!  
**Sosy, 9**  
*North Wales, Penn.*

I am more than a  
conqueror through  
him who loves me  
(Romans 8:37).  
**Daniel, 7**  
*Columbia, Mo.*

Check out the next Giggle photo on the back cover!



# DISCOVER Africa

Nhoo Sannu  
E kààrò Muraho  
Hello Mholweni

It is estimated that over 2,000 languages are spoken across Africa.

Africa is the world's hottest continent.

Africa is the second-largest continent in the world. There are 54 countries on the continent.

Countries in Africa where Compassion kids live:

-  **Burkina Faso**
-  **Ethiopia**
-  **Ghana**
-  **Kenya**
-  **Rwanda**
-  **Tanzania**
-  **Togo**
-  **Uganda**

**SAHARA DESERT**

Africa is home to the largest desert in the world — the Sahara. It's bigger than the continental United States!

**Burkina Faso**

**Togo**

**Ghana**

Native groups in Burkina Faso are known for making huge artistic masks.

**Uganda**

**Rwanda**

**Tanzania**

**Ethiopia**

**Kenya**



Kenya is home to many Masai people, who are known for their super colorful clothing.



Mountain gorillas live in only three countries: Uganda, Rwanda and the Democratic Republic of Congo.



Ethiopia is the birthplace of coffee.



Hikers from around the world travel to Tanzania to climb Mount Kilimanjaro, the highest mountain in Africa.

Many kids live in poverty. They don't have their basic needs met.

Some children in Africa are forced to work.

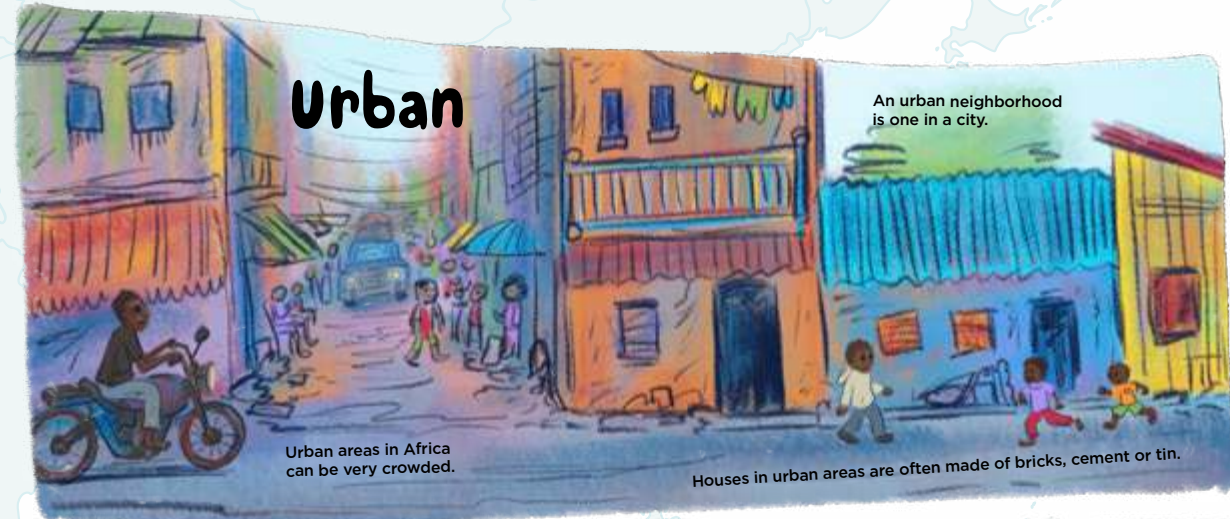
Compassion helps meet their needs for food, water, medicine, school and Jesus!

Compassion helps protect children from people who may force them to work.

# DISCOVER the neighborhood

Africa is a wonderfully diverse place! It's filled with tons of different types of nature, cultures and people — which means it's got lots of different types of neighborhoods too! Here are a few of the amazing and unique neighborhoods where African children in Compassion's program live ...

## Urban

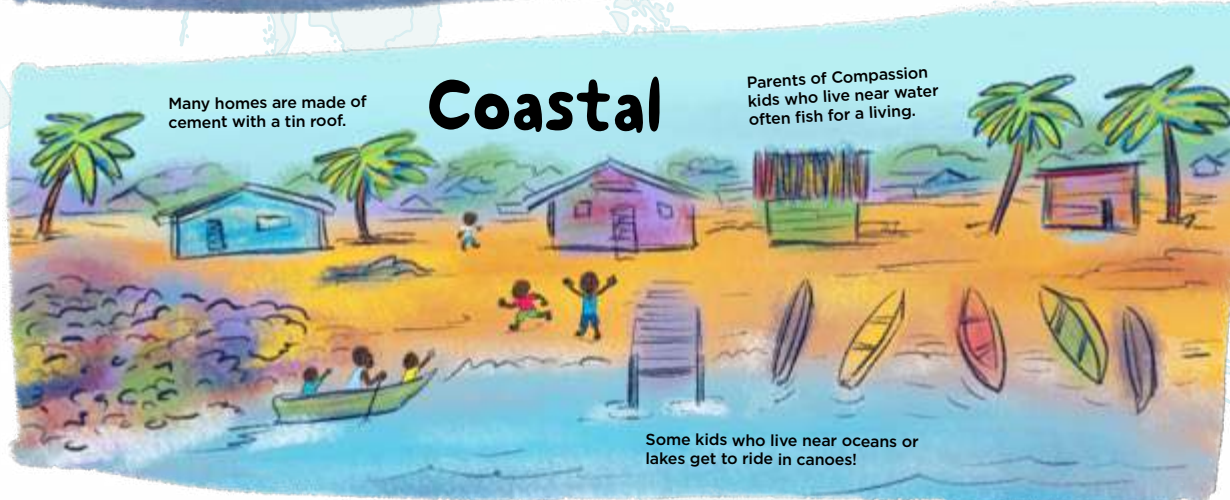


Urban areas in Africa can be very crowded.

An urban neighborhood is one in a city.

Houses in urban areas are often made of bricks, cement or tin.

## Coastal

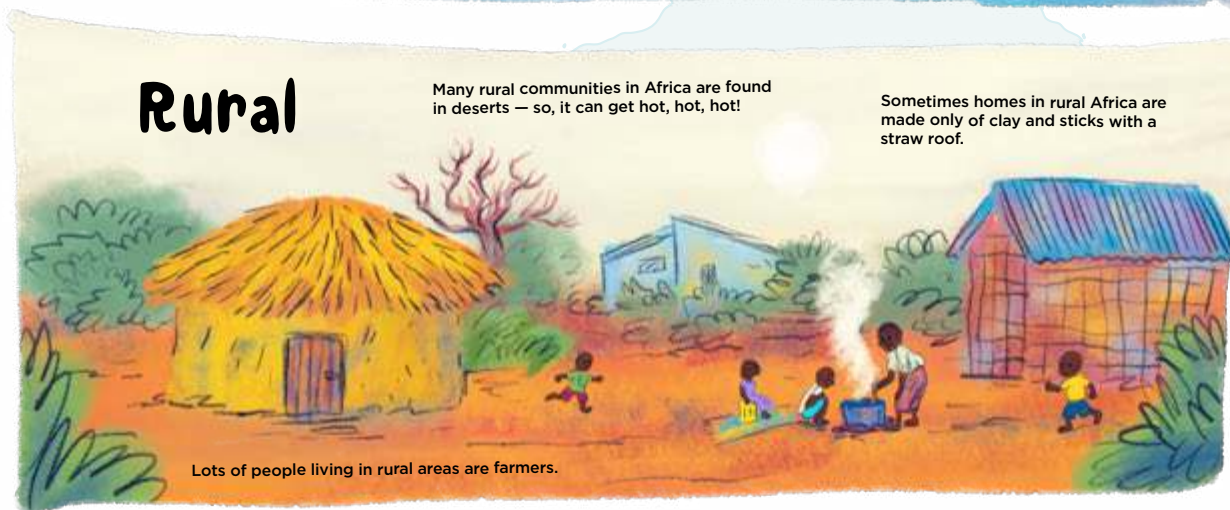


Many homes are made of cement with a tin roof.

Parents of Compassion kids who live near water often fish for a living.

Some kids who live near oceans or lakes get to ride in canoes!

## Rural



Many rural communities in Africa are found in deserts — so, it can get hot, hot, hot!

Sometimes homes in rural Africa are made only of clay and sticks with a straw roof.

Lots of people living in rural areas are farmers.



## MY AFRICAN NEIGHBORHOOD

All across Africa, kids live in so many different ways! With these pictures, we're going to travel around the continent and show you some of them. Let's go!



Meet **Thomas**! Thomas lives in Togo with his aunt, who takes care of him. The building behind them is their home. In Togo, some houses are built out of mud bricks and wood. In this picture, you can see that Thomas' home also has a tin roof.



Who takes care of you?

What materials were used to build your house?

This is **Samuel** and his younger brother, **Isaac**! They live in Rwanda where they sleep under a mosquito net to protect them. In some homes in Africa, doors and windows can't always keep bugs out, so sometimes people get sick from mosquito bites. Before Compassion gave them this net, Samuel got sick and had to go to the doctor 11 times! But now, he doesn't get sick anymore!



Meet another boy named **Samuel**! These are his sisters, Patience and Grace! They are triplets who live in Uganda. Some homes in Africa don't have running water. This family gets clean water from a pump in their neighborhood. By moving this lever, the kids make water come out of the spout. Their mom collects the water in the yellow container.



When it's time for dinner, a lot of families in Africa cook outside! This is **Adèle** and her younger brother **Abdoul**. They live in Burkina Faso and are cooking a meal called "tô" or "sagabo." Sometimes their mother worries about not having any food for them to eat. When the pandemic hit, it was even harder to find food. But then Compassion delivered rice, corn flour, fish and more to Adèle and Abdoul's family!

Want to taste what Adèle and Abdoul are cooking? Go to [explorer.compassion.com/to](https://explorer.compassion.com/to) for a recipe!





School has looked different for kids all around the world in the past year! **Ahianor** lives in Togo, where the pandemic caused schools to close across the country for a while. When they reopened, students like Ahianor had to wear face masks and practice social distancing.

How did school  
look different  
for you this  
past year?



Schools in Kenya, like the one **Sweeny** goes to, also closed for a while. During that time, Sweeny spent her time doing chores at her house and was sad not to be in school. But then Compassion sent teachers to visit her. During their visits, the teachers taught her school lessons and how to stay safe from COVID-19. Eventually, churches were able to open up spaces for children to learn while social distancing and wearing masks.



After SEVEN WHOLE MONTHS this Compassion center in Ethiopia was able to open back up again! It looked a little different than before, though, because children had to meet outside while social distancing and wearing masks. In this picture, the children are learning a Bible story.

What is your  
favorite  
Bible Story?

At the center, they were also taught that hand-washing can protect them from germs!





And, of course, children in Africa love to play. Just like you! These boys from Tanzania love to run around their neighborhood chasing bike tires.

How do you like to play with your friends?



Children in Africa play sports, too! Soccer is the most popular sport there, but they don't call it soccer! They call it football!

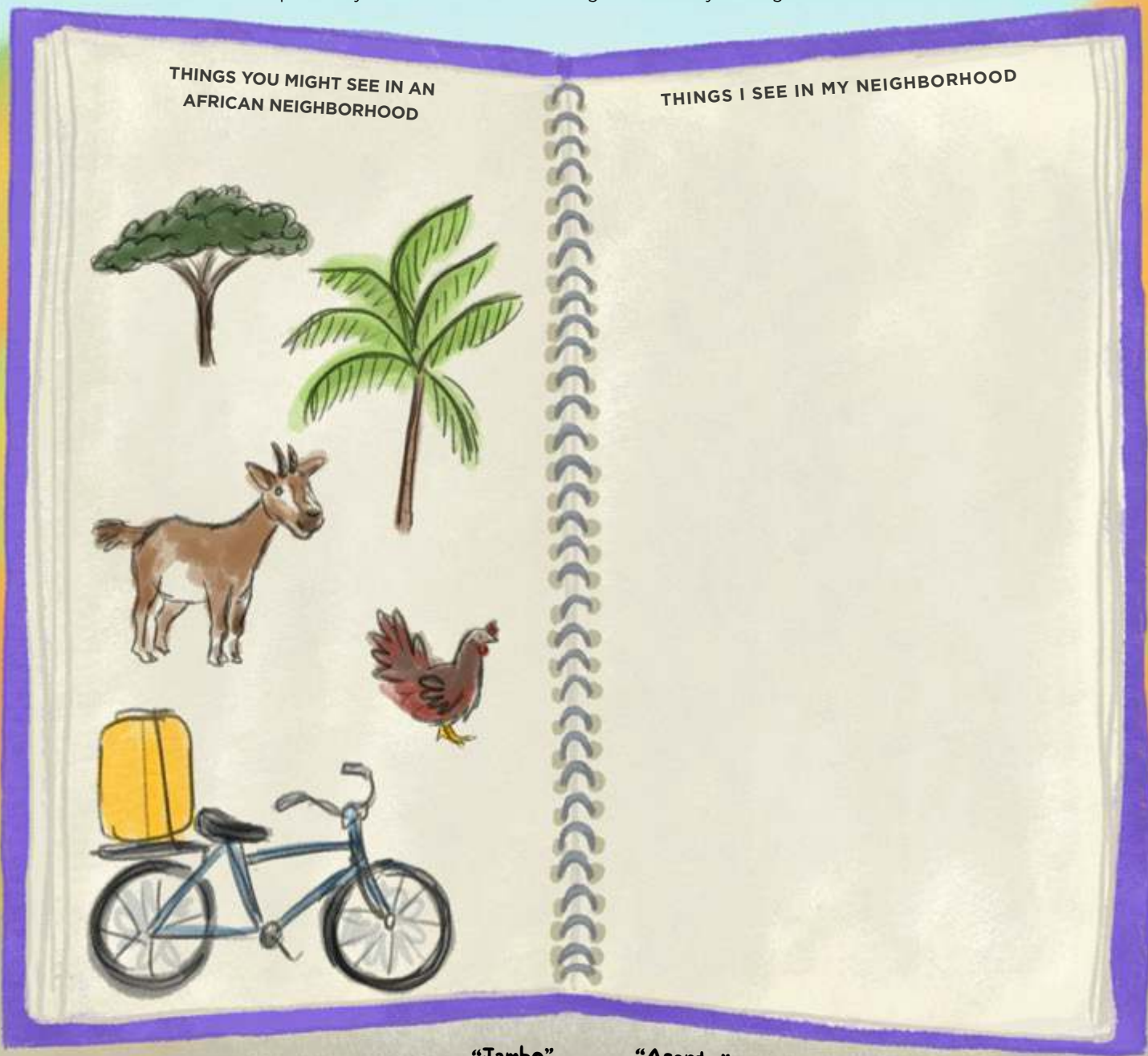
Do you play any sports?

We hope you enjoyed traveling around neighborhoods in Africa with us!

play

# NEIGHBORHOOD FIELD GUIDE

An African neighborhood and your neighborhood have lots of differences, but they also have many similarities. Your neighborhood has houses, right? And trees? Well, so do African neighborhoods! For today's activity, explore your neighborhood to spot some of those similarities and differences! Below, you'll find examples of things you might commonly see in an African neighborhood. Next to them, there's a blank space for you to draw what those things look like in your neighborhood. Have fun!



**SAYINGS IN SWAHILI**  
Swahili is a language spoken in many African countries, including Kenya, Uganda, Tanzania and Rwanda. Here are a few sayings in Swahili. Try to pronounce them yourself!

**“Jambo”**  
(JOM-bo)  
means “hello.”

**“Asante”**  
(ah-SAHN-tey)  
means “thank you!”

**“Kwa heri!”**  
(kwa-HAIR-ee) means “goodbye.”

**“Mungu awabariki”** (moon-goo ah-wha-bar-ee-kee) means “God bless you!” when you’re talking to more than one person.



## TOGOLESE GRILLED CHICKEN

Isn't it fun to grill outside with your family in late summer and early fall? Try grilling up this delicious recipe from Togo. It includes flavors that are popular in a lot of West African cooking: onions, garlic and ginger.

### Ingredients

- 2 tbsp. red palm oil\*
- 1 tsp. lemon juice
- 2 tbsp. fresh ginger, grated
- 8 cloves garlic, peeled and diced
- ½ tsp. salt
- ground black pepper (and/or cayenne, for heat)
- 8-10 pieces of chicken thighs and drumsticks, bone in and skins on
- 1 large white onion, sliced in thick rings
- 2 tomatoes, sliced, for serving

\*available at natural food stores and online

### Directions

Makes 8-10 pieces

1. *Adult help needed.* Since red palm oil is semisolid at room temperature, place it in a glass bowl and microwave 20-30 seconds until liquid. Mix in lemon juice followed by ginger, garlic, salt and pepper(s).
2. Roll each piece of chicken in bowl of marinade, then place in a brining bag or large zipper bag. When all pieces are in the bag, add onions, then seal. Through sealed bag, use hands to further work the marinade into chicken. Let marinate at least 1 hour; overnight is best if you have the patience!
3. Preheat grill to 400°F. Remove chicken pieces from bag and grill until cooked through, about 15-17 minutes per side. When done, the skins will be almost blackened and the juices will run clear. When meat is nearly done, add onion rings to grill to soften them, but don't let them burn.
4. Serve chicken with grilled onion rings and sliced fresh tomatoes. Yum!



## Craft COLORFUL KALEIDOSCOPE



If there were only one shape or color in a kaleidoscope, it wouldn't be as beautiful, would it? Just like a kaleidoscope, the world wouldn't be as beautiful without all its different skin colors, eye colors, hair textures, sizes, shapes, families and neighborhoods! While you make your very own kaleidoscope, thank God for making such a colorful world of differences. You can build this craft by "upcycling," or reusing, materials — just like creative kids who live in poverty in Africa do!



**1. Decorate a cardboard tube:** Glue or tape a 4-by-6-inch sheet of colorful paper around the tube of an empty toilet paper roll.



**2. Make a mirror triangle:** Measure an 8-by-12-inch piece of aluminum foil. Fold it in half twice so you have a slightly thicker piece of 4-by-6-inch foil. (You could also use a 4-by-6-inch sheet of mylar paper instead of foil.) Fold the outer edges of the foil inward and upward to form a 3D triangle. Tape the peak of the triangle closed. Then slide the triangle into the tube.



**3. Cut out plastic circles:** Recycle a piece of clear plastic, such as a berry carton. Stand up your decorated tube on the clear plastic and trace around one end of it with a pen. Repeat to create a second circle. Cut out the circles and trim one slightly smaller. Place the slightly smaller circle in one end of your tube so it's resting on the triangle.



**4. Make a rotating end cap:** Trim off about an inch of a second cardboard tube to make a ring. You need it to be slightly smaller than your kaleidoscope tube. So snip open one side of the cardboard ring, slide the edges inward and tape closed. Slide it into your kaleidoscope tube so it touches the plastic circle. It should fit snugly but still rotate when you turn it with your hand. Adjust the size as needed.

**5. Finish the kaleidoscope:** Remove the end cap and tape the second circle of plastic over it. You can wrap washi tape around the end cap to make it look nicer. Then place beads, sequins, glitter or any other small and colorful items into the end cap. Slide it back in the end of your kaleidoscope tube with the taped plastic ring facing outward.

**6. Play with it!** You're ready to ooh and ahh at the beautiful world inside your kaleidoscope. Look into one end while turning the cap on the other end to see all the cool designs created when the colors and shapes move together and reflect off the mirrors!





## care



Six-year-old Owen lives in California. His favorite animal is an octopus, he loves the fast rides at Disneyland and he enjoys solving puzzles.

Another fact about Owen is that he doesn't have any siblings, but he does have someone who calls him "brother" in Colombia. His name is Omar. Owen's family sponsors Omar and thinks of him as a part of their family. Colombia is an eight-hour plane ride from where Owen lives! That's like sitting down to watch 16 episodes of "Sesame Street" in a row! Because Omar lives so far away, Owen keeps pictures of him on display at his house to remember him every day.

But when it's Omar's birthday, Owen does something super special! Can you guess what it is?

He throws him a birthday party! Owen and his mom drive to the store and buy a cake that says "Feliz Cumpleaños, Omar." In English, that

means "Happy Birthday, Omar." They also make decorations! Owen prays for Omar on his birthday, too. He prays that Omar has good health and that he is happy!



Omar speaks Spanish in Colombia, and sometimes he teaches Owen Spanish words in the letters he writes. When Owen writes letters to Omar, he likes to

draw mazes for Omar to trace a pencil through. He also sends him stickers!

When Owen was 2, Omar took a trip to a beach in Colombia. In the sand, he wrote "Hola, Owen." So, Owen's family went to a beach in California and wrote back "Hola, Omar."

Someday, Owen wants to go to Colombia to visit Omar. He wants to teach him English and play games. One time, Owen's mom was able to visit Omar at his house. She FaceTimed Owen during her visit, and the boys were able to meet!

Owen says it's important to sponsor children because they don't have everything they need. "Some of them don't have lights," Owen explains.

What are some ways that you and your family remember children in need?

BLESSED  
are ...

## ... the merciful and the pure

The Beatitudes are about how to live joyfully even when things are hard. How? By always doing what is right, forgiving others and ourselves, being kind and, most importantly, following Christ and accepting his free gift of salvation! **Today, let's look at two more Beatitudes, or blessings ...**

*"Blessed are the merciful, for they will be shown mercy"*  
(Matthew 5:7).

OK, so what does it mean to have mercy? Have you ever gotten in trouble but your parents gave you a smaller punishment than you deserved? That's mercy. But it's more than just letting those who do wrong get off easy. It's about having compassion for people. It's about understanding that we are all sinners and that we deserve the most severe punishments because we've disobeyed God. **But God has had compassion on us. He's seen our suffering, and it breaks his heart.** So he has given us his mercy through Christ Jesus! Likewise, because no one is perfect — not even you :) — we will be blessed when we show compassion and mercy to the people around us.



## Psalm 51:10

Read this verse, which begins with "Create in me a pure heart, O God," and think about the ways God is creating a pure heart in you.

- Ask your mom or dad about a time they should have disciplined you harder but showed you mercy. Write down what it feels like to be shown mercy.
- Think about someone who hurt you. Did you show them mercy? Write down ways you can be merciful in the future.



*"Blessed are the pure in heart, for they will see God"*  
(Matthew 5:8).

If we are all sinners, how can anyone have a pure heart? So here's the thing about this verse ... **purification is a process.** Water goes through filtration and heat before it is pure to drink. Metals are refined — melted in hot fire — before being considered pure. So to be pure in heart is to be refining our hearts through a process of going through the good and bad things that happen in life while always seeking to get closer to God. Purification happens for a specific reason. With water, it's so we can drink it. For metal, it's to produce things like gold, silver or strong building materials. For our hearts, it's **accepting that all that we go through in life is for the purpose of knowing God more, relying on him more and loving him all the more.**

In the next issue, we'll talk about the next two Beatitudes — and what it means to live peacefully and the importance of doing the right thing even when it's hard. Until then, be blessed!



- Ask God to help you understand what it means to have mercy. Thank him for his mercy for you, for me and for all of the world.
- Ask God to continue to purify you so you can know and rely on him more.



# GIGGLE



Submit your caption at:

[explorer.compassion.com/giggles](http://explorer.compassion.com/giggles)

Dayana lives in El Salvador. She loves to receive gifts for Christmas “because they are pretty and that makes [her] happy.” Some children who live in poverty, like Dayana does, don’t receive presents or new toys because their parents can’t afford them. But Dayana and other sponsored children do! “In the Compassion center, I get a Christmas gift every year,” Dayana says.

Explorers, love this magazine? Want more? [explorer.compassion.com](http://explorer.compassion.com)

COMPASSION  
**explorer**

IN1200 [08/21]

## About the cover

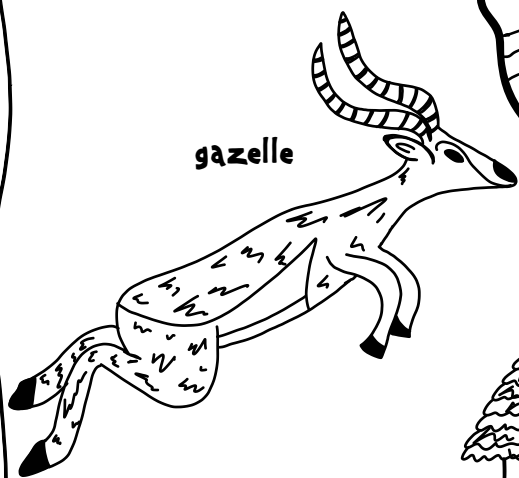
Grace, Emma and Delali are in Compassion’s program in Togo, a country in West Africa. The friends dream of opening their own hair salon when they grow up. Thankfully they will have the chance to learn lots of different skills at their Compassion center!



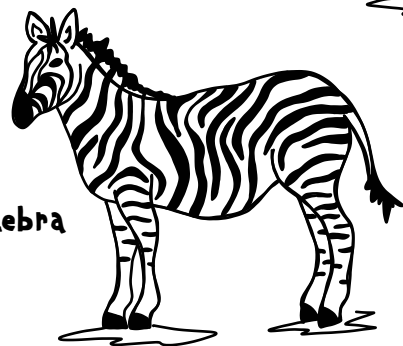




The Akan people of Ghana are known for wearing super colorful clothes.



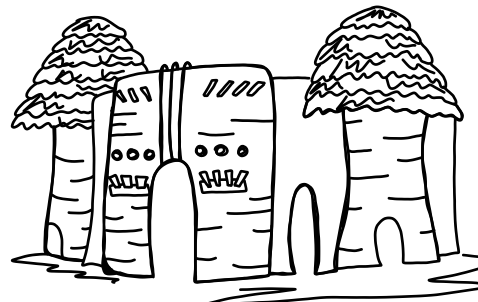
gazelle



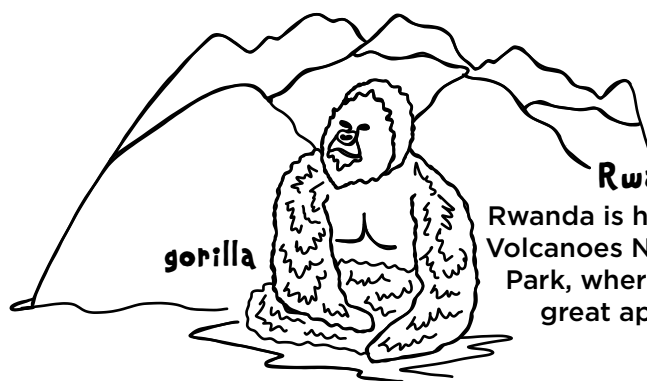
zebra



Africa is the second-most populated continent in the world, and there are over 3,000 Indigenous groups living in Africa.



**Togo**  
The Batammariba people of Togo are famous for their mud tower houses known as "takienta."



gorilla

**Rwanda**

Rwanda is home to Volcanoes National Park, where many great apes live.



lion

**Nile River**  
The Nile river, which passes through 11 African countries, is the longest river in the world.



Abebe Bikila, an Ethiopian man, was the first Black African to win a gold medal at the Olympics.



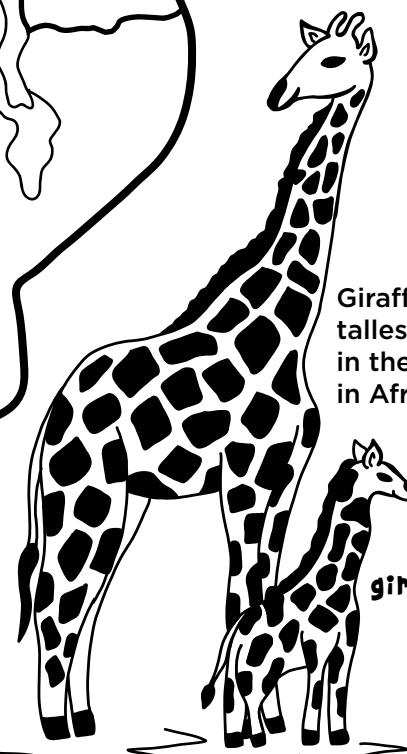
rock hyrax

**Ethiopia**

**Kenya**

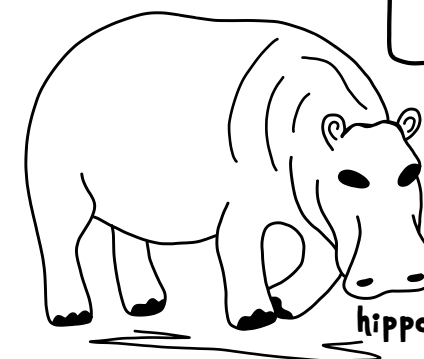
Tourists from all over the world travel to Kenya to go on safaris.

**Tanzania**

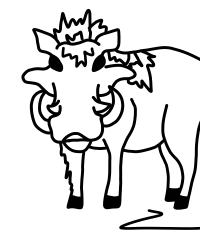


giraffe

Giraffes, the tallest mammals in the world, live in Africa.



hippo

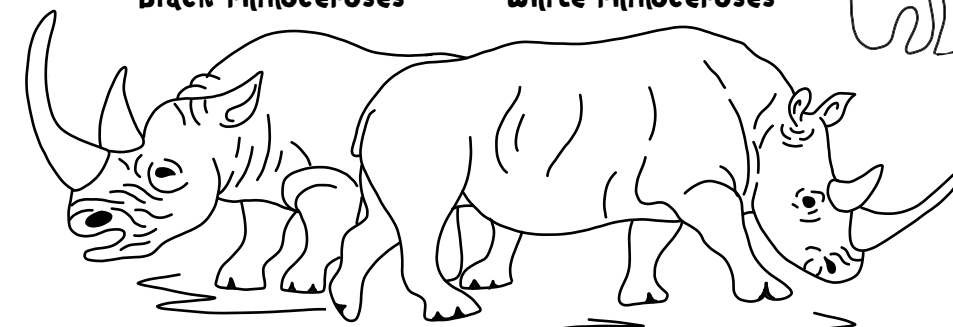


warthog

Africa is home to endangered animals like

black rhinoceroses

white rhinoceroses



## FUN FACTS about Africa:

- Africa is the second-largest continent in the world.
- It is estimated that over 2,000 languages are spoken across Africa.
- Africa is home to the largest land mammal — the African elephant.
- Soccer is one of the most popular sports.
- The Sahara desert in Africa is the world's largest desert.

# explorer DISCOVER AFRICA!

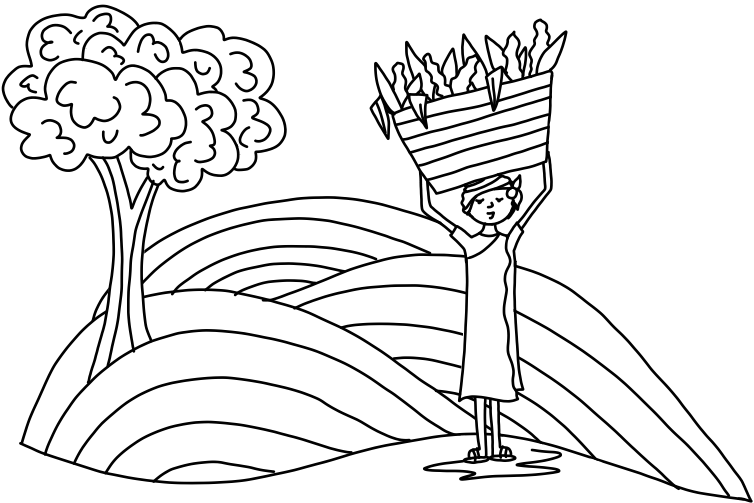
There are 54 countries in Africa, and Compassion kids live in eight of them: Burkina Faso, Ethiopia, Ghana, Kenya, Rwanda, Tanzania, Togo and Uganda.



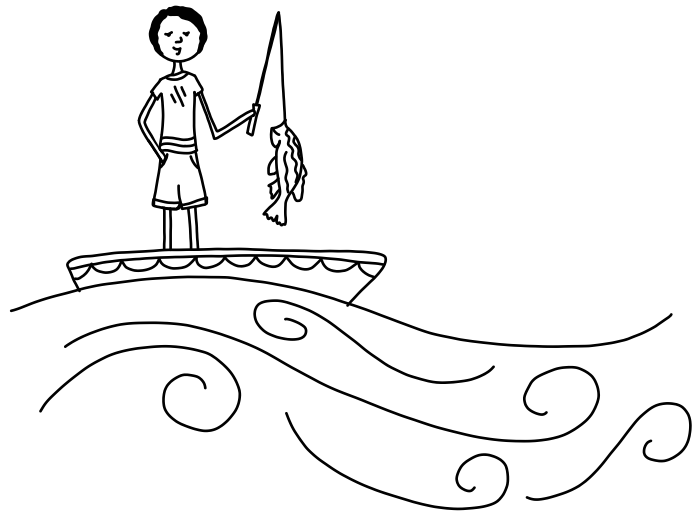
DISCOVER  
My Neighborhood

There are all kinds of different neighborhoods in Africa, like urban (cities), rural (farms) and coastal (seaside).

Which type of neighborhood is represented in each picture below?



1. \_\_\_\_\_



2. \_\_\_\_\_



3. \_\_\_\_\_

CROSSWORD PUZZLE

Use the clues below to fill in the crossword puzzle.

Across

2. The fastest runner of this type of race is from Kenya.

4. Mount Kilimanjaro is in this country.

5. This is one of the world’s largest humanmade lakes.

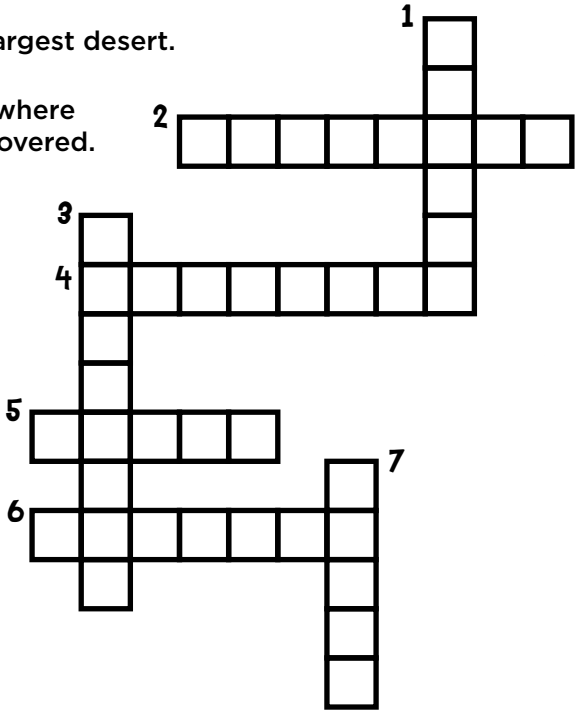
6. The world’s tallest animal.

Down

1. The world’s largest desert.

3. The country where coffee was discovered.

7. The Masai people, who are known for wearing colorful clothing, live in this country.



FILL IN THE BLANK

Use the facts on the Discover page (pg. 4) and the other side of this sheet to fill in the blanks about these amazing African animals.

African \_\_\_\_\_ are the largest land mammals in the world.

Giraffes are the \_\_\_\_\_ mammals in the world.

Mountain gorillas live in three countries: the Democratic Republic of Congo, Rwanda and \_\_\_\_\_.

UNSCRAMBLE  
the Words

CAFIRA \_\_\_\_\_ (Clue: Continent)

DANAUG \_\_\_\_\_ (Clue: A country)

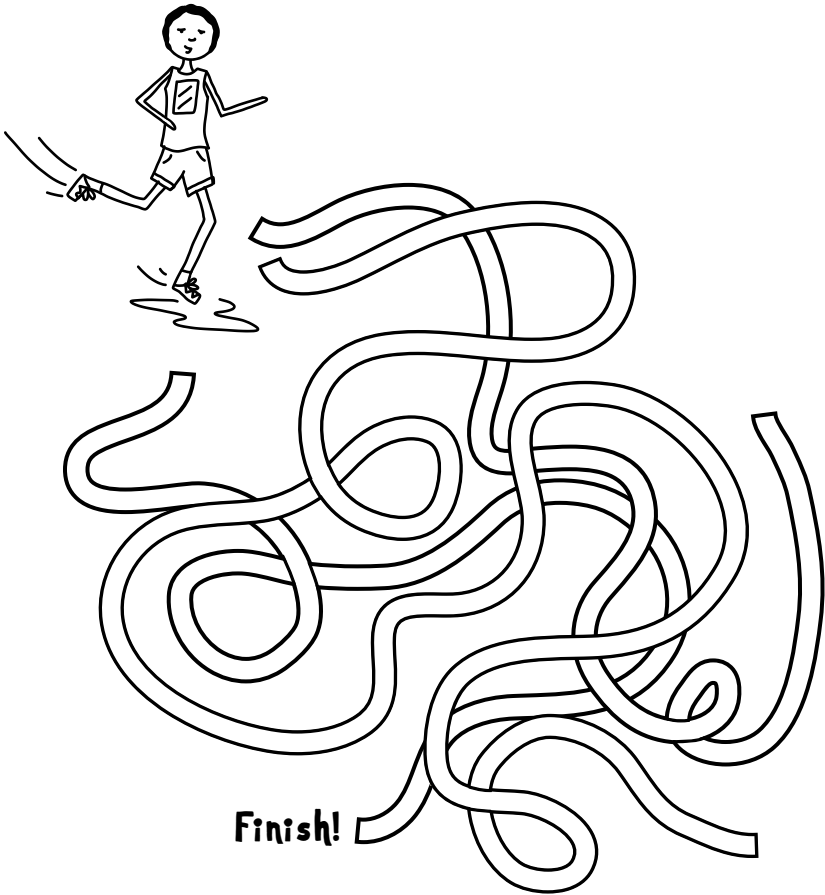
ELIN \_\_\_\_\_ (Clue: It flows)

CECROS \_\_\_\_\_ (Clue: Popular sport)

GILAORL \_\_\_\_\_ (Clue: Large primate)

MAZE

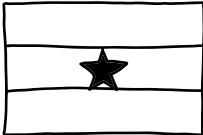
Help Eliud Kipchoge, a Kenyan who is the world’s fastest marathon runner, make it to the finish line!



GUESS WHICH Compassion Country

Burkina Faso, Ethiopia, Ghana, Kenya, Rwanda, Tanzania, Togo or Uganda?

1. Hint #1 | This country touches the Atlantic Ocean.  
Hint #2 | It is also home to one of the world’s largest humanmade lakes.



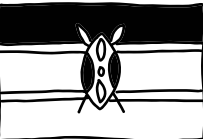
Answer:

2. Hint #1 | This country is known as “the pearl of Africa.”  
Hint #2 | It is also one of the three countries where mountain gorillas live.



Answer:

3. Hint #1 | This country touches the Indian Ocean.  
Hint #2 | The world’s fastest marathon runner is from this country.



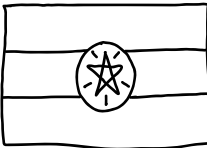
Answer:



Africa is an amazing place. It’s filled with tall mountains, long rivers, huge deserts, bright blue oceans and some of the world’s coolest animals. But the best thing about Africa is all the amazing people who live there — especially the kids!

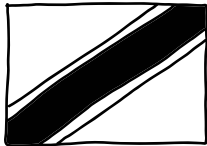
Let's learn a little bit about Africa together!

4. Hint #1 | This country is the birthplace of coffee.  
Hint #2 | The first Black African man to win a gold medal from the Olympics is from this country.



Answer:

5. Hint #1 | This country is home to Lake Victoria.  
Hint #2 | It’s also home to Mount Kilimanjaro.



Answer: