

COMPASSION

explorer®

STARRING...

BABIES!

Goo goo ga ga, Explorers!

This issue is all about babies. You'll meet babies around the world and see where they sleep, what they eat, and how Compassion helps them. **Hold onto your diapers, and let's explore!**

GIGGLE pg.3

over some clever photo captions.

DISCOVER pg.4

the world of babies, and meet some cuties in Compassion's program!

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a popular food from the Philippines.

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a basket using recycled cardboard.

Solve pg.13

a puzzle about what animals are called as babies.

Care pg.14

for the poor, like Seth did with an ice cream social.

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in faith with a devotional about God's greatest gift.

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GIGGLE

Remember this picture from the Spring 2018 Compassion Explorer Magazine? Here are some of your great captions! Find more at explorer.compassion.com/explorers.

I didn't ruin the place. Don't look at me like that!

Isabella, 12
Flagstaff, Ariz.

But it's so far!

Ayla, 11
Hoover, Ala.

Oh yeah — let's see who can hold this longer, me or you?

Alec, 9
Sarasota, Fla.

Where did all the people go?

Evie, 7
Phoenixville, Penn.

That's an Incan llama, not a Bahama llama!

Micah, 9
Phoenixville, Penn.

Machu Machu Llama. I want to be a Macho Llama.

Selah, 11
Orlando, Fla.

What if I slip with this stuff on my back?

Kayla, 8
Caldwell, Idaho

Did you get my good side?

Laurel, 12
Daphne, Ala.

I am the king of the mountain. I have a great view!

Izzy, 12
Denver, Colo.

Up Next!

This toddler in Thailand is trying on a hat! Churches in Thailand team up with Compassion to help toddlers like him.



Email a caption
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DISCOVER BABIES!

Even though they cry, babies don't shed tears until they are 1 to 3 months old.



Most babies start talking when they're 9 to 14 months old.

Babies usually sleep about 16.5 hours a day in their first month of life.



Most babies get their first tooth around 6 months old.



Newborns need to eat every two to four hours.



In 2016, 3,945,875 babies were born in the U.S.

At least 130 million babies are born worldwide each year.




Why do babies need birth certificates?

Most babies born in North America get birth certificates when they are born. A record of their births are registered with the government. But many babies in poor countries are born at home, never get registered and never get a birth certificate.



Registering a baby with the government is important. It says that the baby exists and has the rights to go to school and get paid fairly for work someday. Kids without birth certificates also have a hard time traveling outside their villages, so they can get stuck in places without good jobs or schools. They're at risk of being mistreated or forced into work. Experts guess that 240 million children under age 5 have never been recorded as being alive. Half of them live in Asia.

Stats	Poor Countries	United States 
Typical number of doctor checkups during pregnancy:	0-1	15
Babies born underweight:	14%	8.1%
Babies born too early:	12%	9.8%
Newborn death rate:	27 in 1,000	3 in 1,000

Popular first foods around the world:
Kenya: maize porridge, mashed plantains
Mexico: rice, tortillas
Thailand: khao tom (rice soup)
Peru: passion fruit with the seeds removed
Dominican Republic: pureed beans
U.S.: cereals, pureed vegetables



Many babies in poor countries are born too early. They are at a higher risk of sickness and death than other babies.

Moms and babies who live in poor countries are more likely to die during childbirth than other moms and babies.

Compassion helps moms pay for and get to doctor checkups to help keep them and their babies healthy.

Compassion makes sure that skilled workers help moms give birth in safe places like hospitals.

DISCOVER myWORLD

Tiny Humans

Warning: Cute overload ahead!

Who doesn't love babies? They're just too adorable. And since they're so new and small, they need extra love and attention to stay healthy and grow.

Sadly, many babies born in poor countries don't grow as healthy and strong as they should. So Compassion teams up with churches to keep babies healthy. The churches also help pregnant women and the adults who take care of the babies after they're born. Let's find out more about babies around the world and how Compassion helps them survive!



Nom nom nom

Pregnant women and babies need nutritious food and vitamins to stay healthy.

Sylvio feeds a vitamin drink to his daughter, Nesha, at a church in Haiti. Before they started coming to the church, Nesha was weak. She and her mom weren't getting all the food they needed to stay healthy. Now the church gives them food, vitamins and medicine to grow strong!



Cenita, a mom in the Dominican Republic, feeds baby Carlos with a bottle. Thanks to Compassion, her church brings groceries and other supplies to their home. The net over the bed behind them keeps out mosquitoes so they can't bite Cenita and Carlos at night. Some mosquito bites make people sick.



Cook LUGAW

[loo-GOW]

This rice porridge from the Philippines is like chicken soup with rice. It's a favorite breakfast, and lots of babies there eat it as their first food after milk! Moms also serve it to their children when they're sick to make them feel better.



Yield: 4-6 servings
Prep time: 10-15 minutes
Cook time: 40 minutes

Ingredients

- 1 c. medium-grain white rice
- 10 c. water
- 4 cubes of chicken bouillon
- ½ tsp. salt
- 1 (8-oz.) skinless, boneless chicken breast, sliced thin
- 1 tbsp. ginger, peeled and minced
- 1 tbsp. cooking oil
- 3 garlic cloves, diced
- 1 green onion, chopped

Directions

Heat the rice in a large pot with the water, bouillon cubes and salt. Bring to a boil, then stir it constantly for 10 minutes. Lower the heat and simmer for 15 more minutes.

Add the chicken and ginger, then increase heat to medium and cook 15 more minutes or until the chicken is cooked through.

While the chicken is cooking, heat the oil in a skillet over medium-high heat. Add the garlic and brown for 1-2 minutes. Remove the garlic to drain on a paper towel.

Serve the soup in bowls, sprinkling some garlic and green onions on top. Delish!



A church worker measures a baby in Indonesia to make sure he's growing. Parents come to the church to learn how to keep their babies strong and healthy.

Measuring Up

Lots of babies in poor countries are smaller than they should be because their parents can't afford enough food.

Church workers are weighing this little girl in the Philippines to make sure she's getting enough food. Moms need to eat a lot of healthful food to make enough milk to feed their babies. Compassion takes groceries to moms who need more food.

You MUST HAVE BEEN A BEAUTIFUL Baby!

Most people don't remember their first couple years of life. That's where parents come in handy! Ask your mom or dad these questions and fill in the blanks.

FACT
South Asia has more babies born with "low birth weight" than any other area. That's when babies weigh less than 5.5 pounds at birth. Babies with low birth weight can have more problems staying healthy.


FACT
In the Philippines, lots of babies eat a rice porridge called lugaw (recipe on page 7!) as their first food after milk.


FACT
Many parents in poor countries don't use throwaway diapers, which cost a lot and pile up in landfills. They use cloth diapers for their babies. They wash the diapers when they're dirty and reuse them.


FACT
Babies who don't get enough healthful food sometimes take longer to crawl and walk than other babies. That's because their bodies are growing slower than they should.


TOO CUTE!


name _____


How much did I weigh when I was born?  _____


What time was I born?  _____ AM _____ PM


Who was there for my birth?  _____


Did I have any hair when I was born? If so, what color?  _____


Who visited me right after I was born?  VISITOR _____


What was the first solid food I ate?  _____

How long was mom in labor with me?  _____

What kind of diapers did I wear?  _____

How old was I when I took my first step?  _____

Did I use a pacifier as a baby? Yes ☐ No ☐ 

What was my favorite toy?  _____

Craft Dream Weaving

Moms in Compassion's Survival program learn new skills that will help their kids. Some moms learn to weave baskets to sell. It's a way for them to earn money to care for their babies.

Here's an easy version of a basket you can make at home using recycled materials!



SUPPLIES

- basket template
- piece of smooth cardboard, such as one side of an empty cereal box
- 1 marker
- scissors
- 1 paper hole puncher
- 1 piece of felt
- hot glue or fabric glue
- yarn or twine
- 4 clothespins
- 1 blunt needle with an eye big enough for yarn

DIRECTIONS (adult help needed)

Make a cardboard frame

1. Print out the template. Cut it out and lay it on the cardboard. Trace the shape onto the cardboard and cut it out. Punch out the holes.
2. Fold the flaps toward the center until they point upward.

Make a base

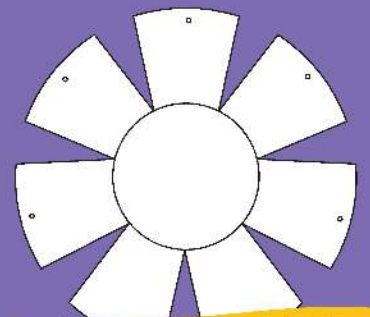
1. Cut a circle of felt to the same size as the center of the frame.
2. Glue the felt in the center.

Weave it

1. Tie a long piece of yarn around one cardboard flap. Then use your fingers to wind the yarn in and out of the other flaps.
2. Weave until your yarn reaches the top.

Finish it

1. Wrap a bunch of yarn around the rim, holding it in place with clothespins. Thread the needle with a long piece of yarn. Push it through one of the holes in the cardboard, leaving a small tail of yarn hanging down. Thread the yarn in and out of all the holes. When you reach the hole you started on, go the opposite way to make a crisscross. When you reach the first hole again, snip the yarn and tie the loose ends together. Weave them in to hide them.
2. Cut a circle of felt to the same size as the bottom of the bowl. Glue the felt on the bottom.



Download the template at explorer.compassion.com/dreamweaving



These women in Burkina Faso are walking to a church to sell milk to the pastor. He buys it for sponsored children to drink. The money the moms earn from selling milk will help them support their families. Do you see the mom who's balancing a milk bowl on her head with a baby strapped to her back? Now that's impressive!

Work is Never Done

Moms in poor countries take their babies with them while they work hard.

Parents who are poor can't afford day care or baby-sitters for their babies. Moms usually have lots of work to do during the day. So they think of creative ways to take their babies with them! **Peace**, a mom in Uganda, takes her baby along to collect straw and sticks to start a fire for cooking outside their home.



Splish Splash!

Many people in poor countries don't have bathtubs or indoor showers at home.

Who needs an indoor shower when you've got a mom with a cup? **Wulan**, a mom in Indonesia, gives her little guy a shower with clean water. Many families in poor countries don't have clean water at home. Compassion helps make sure that moms and babies get the clean water they need.



Baby **Tien** is getting a bath! She is 4 months old and lives in Thailand with her mom, **Wongduan**. Compassion helps moms who can't afford supplies like soap, which is important for washing away germs.

Sesive Young and Wild

You probably know that a baby cat is called a kitten, and a baby dog is a pup. But do you know what the rest of these animals are called as newborns? These animals live in countries where sponsors help children! Draw an arrow to the picture of each animal from the word that describes it. We drew one to get you started!

ADULTS

- tapir
- alligator
- hyena
- zebra
- parrot
- llama

BABIES

- chick
- cria
- foal
- calf
- hatchling
- cub



More fun online!

Go to explorer.compassion.com/babies to find these fun activities.



Up Close and Adorable
Can you figure out what these close-up photos show? Hint: They're all objects that babies use. Play the photo game today!

Paper Dolls
Print out and dress up these moms and babies. You can color them and their outfits yourself!



Care



Filling Bellies

Nine-year-old Seth and his family sponsor a boy named Figo in Haiti. Many people in Haiti don't have enough food or clean water. Seth wanted to raise money to help kids like Figo. He also wanted to invite neighbors and church friends to have fun. So he planned an ice cream social. He and his family set up tables outside their home. The tables

held ice cream, toppings, and a box where party guests could give money for kids in need.

Many caring neighbors and friends donated money, and they raised \$818.05! Seth looked through Compassion's Gift Catalog. It shows lots of things Compassion can buy for people using

donated money. Seth chose a goat, two chickens, a pig, garden seeds, clean water from a well for 10 families, and a filter to clean dirty water.

"I chose these things because they keep going and going," Seth says. "This helps families because they can use these things to eat and drink very many times."

Cool Ice Cream Social Tips

Want to host a party to raise money? Take Seth's advice ...

Classic flavors: "You want to have a basic ice cream," says Seth, who served chocolate and vanilla. "The other ones, in my opinion, wouldn't be the best for toppings."

Toppings aplenty: Party guests had about 15 toppings to choose from, like candy, chocolate syrup, and Seth's favorite, cherries.

Teamwork: Seth's brothers — 6-year-old Joel and 12-year-old Kyle — helped set up the party by filling jars with toppings and making labels for the jars.



Pinch pennies: Seth wrote letters to three stores to see if they would donate ice cream. A local shop wanted to help and said yes! Then Seth took his calculator to buy toppings so he could add up how much he was spending.

Say thanks: After the party, Seth wrote thank-you notes that his parents sent to the ice cream shop and party guests. The notes said how much money they'd raised and how it would help. "We couldn't have done this without you," Seth wrote. "Thank you!"



Before Jesus was born, God's people had to follow many laws to try to please Him. They followed the Ten Commandments and 613 commandments from the Torah — the first five books of the Bible. And they had to follow even more laws from their rabbis (Jewish religious leaders). Can you imagine trying to follow all those rules every single day?

The Bible says that Jesus came to set us free from the old laws so that we could live by grace. When God sent His only Son, Jesus, to earth to die on a cross for us, He showed His great love for us. Our sin separates us from God, and we need Jesus to take our place so that we can

one day be with God. All we have to do is accept God's free gift of salvation for us. Once we accept God's gift of salvation, we can live by grace. This is a new spirit-filled life, since God sent his Holy Spirit to help us live like Him.

Because of God's gift to us, we can love others like Christ loves us. We can show our love for others in many ways. We can draw a picture for a friend who's sad, share about Jesus, or pray for someone who is sick. We can stand up for a friend who's being bullied, and we can encourage our sponsored children with our kind letters and pictures. What are some other ways we can show Christ's love to others?

John 3:16-21

and then

Romans 8:1-17



• Make a list of the ways you can show Christ's love to others today.

• Draw a picture of how Christ's free gift to you makes you feel.

• Write an encouraging letter to your sponsored child letting him or her know how much you care.



• Thank God for sending His Son, Jesus, for us.

• Ask God to encourage your sponsored child.

• Ask God to give you ideas for how you can show His love to others.



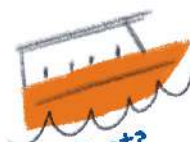
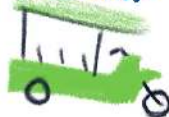
Hi, Explorers! How do you get to school?

Bike?



Rickshaw?

Tuk tuk?



Boat?

Bus?



Elephant?!

Find out how sponsored kids around the world get to school! Then check out recipes, devotionals and stories in our **Back To School** special on the website!

explorer.compassion.com/bts



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About the cover

This girl in Uganda helps take care of her baby sibling, who gets even more care from a church that partners with Compassion!

